

Thanks from the
Wakefield family

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The Bethel Citizen

Vol. CXXI - No. 14

Thursday • April 7, 2016

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Serving Bethel and neighboring communities in the mountains of western Maine

THS freshmen go to Washington



Members of the Telstar High School ninth grade went to Washington, D.C. two weeks ago on a five-day bus trip. They toured many sites and had a visit with Congressman Bruce Poliquin, shown with them (center) in the above photo. The students stayed at the National 4-H Youth Conference Center in Chevy Chase, Md. The trip was funded by a combination of sources, including SAD 44, a Gear Up grant, Sunday River Resort, Project Opportunity, Bethel Rotary Club, Maine 4-H Foundation, Matterhorn Ski Bar and parents.

Submitted photo

By ALISON ALOISIO

Hannah Evans didn't originally plan to go on last month's Telstar Freshman Academy class trip to Washington D.C.

"I didn't think it would be that much fun," she said. "But I'm glad I did - it brought us together more as a class."

Other classmates voiced similar feelings about their expectations for the

weeklong trip, during which they took in sights that included the Capitol, the Library of Congress, the Supreme Court, the Smithsonian, the Air and Space Museum, the Lincoln and Jefferson memorials and the war monuments.

The trip was the culmination of a 10-week study unit called Exploration and Discovery, during

which students pursued answers to questions such as "Why do people explore and discover?"

The teens did plenty of exploring and discovering of their own on the trip, logging many miles on foot as they saw the city, they said.

Some favorite locations included the space museum (Kyle Morin), the Museum of Natural History

(Ricco Call) and the tunnel between the Capitol and the Rayburn office building (Xianna Whitehead), where U.S. representatives have their offices.

Brad Lessard said he was particularly impressed by the Vietnam Memorial - and the way visitors conducted themselves around it.

"Everyone was so respectful and quiet going

through it," he said. "And we saw how many people fought for us."

Selina Creelman said for her, both the Vietnam and Lincoln memorials had an emotional impact, after having learned about them in school.

She also found the Supreme Court tour very interesting, she said, because the class had studied and debated some past

cases that had been before the court leading up to the trip.

Julia Cherkis said that before going to D.C., she had never even been to Boston. In Washington, she said, walking up to the Capital where President Barack Obama took the oath of office left a strong impression on her.

See D.C., Page 4

A spruce budworm outbreak is on our doorstep

By AMY WIGHT CHAPMAN

Retired forester John Laban of Bethel remembers the spruce budworm outbreak of the 1970s and '80s, which killed millions of acres of spruce and fir stands and cost the state's economy hundreds of millions of dollars.

Thanks to the species diversity of their woodlands, his employer in those days, P.H. Chadbourne & Co., did not suffer the same severe economic losses that many large landowners did, he said.

"Their land was roughly one-third pine, one-third

hardwood, and one-third mixed species, which is where the spruce and fir was," Laban said, "so it didn't affect us as much as some others."

Even so, he recalls the widespread devastation of Maine's boreal for-

See BUDWORM, Page 5

The mild winter: aberration, or omen?

By NICOLE PLESSEN
Special to the Citizen

With the conclusion of this unusual winter, Mainers may have noticed open water appearing prematurely in some lakes. At times during the winter they may have observed that instead of

the usual two-foot banks of snow on the roadsides, there was dirt and grass. And they might have noted an absence of the sound of snowmobile engines.

Maine saw a significant shift in weather compared to last winter. While it is impossible to draw any definitive conclusions from

just one year, climate change activists have pointed to the current conditions as a possible sign of what the future could hold.

The state's average temperature has increased one degree Celsius, or three degrees Fahrenheit

See WINTER, Page 3



Barker Lodge at Sunday River Resort in the 1960s. The "Skee Spree" fundraiser event will take place at the lodge April 16 to benefit the Ski Museum of Maine.

Submitted photo

Memorabilia and memories at "Skee Spree" April 16

Show your memorabilia and share your memories. Those are the twin themes of an upcoming event at Sunday River that benefits the Ski Museum of Maine, according to a press release.

Slated for April 16 at Barker Mountain Lodge, Skee Spree is a fundraiser that supports the Ski Museum's mission to preserve and present Maine's 146-year heritage of skiing and snowboarding.

"The Ski Museum looks forward to opening a branch in the Bethel area," said board president Wende Gray. "This event will help to raise money toward that goal. Plus it's an opportunity to acquire historic ski

equipment, apparel, photographs, documents and other items that skiers may wish to donate."

Although the event is scheduled for late in the season, Gray said that it's the time of year when ski chalets, lodges and condos are being cleaned out. "It's a golden opportunity that we don't want to miss," she said.

Ski Museum board members and volunteers will set up displays of historic photos and equipment at Barker Mountain Lodge at 8 a.m. Barker was Sunday River's first building. The original portion opened to skiers on Dec. 19, 1959.

A silent auction, slated to run between 8 a.m. and 1 p.m., will offer dozens

of items, including tickets and passes for summer cultural and sporting events. A live auction will be conducted at 2 p.m. The top item will be a \$3,000 Bic-Earth stand-up paddleboard, complete with paddle and PFD, donated by Kittery Trading Post.

Founded in 1995, the Ski Museum exhibits artifacts, photographs, artworks, and documents at its location in Kingfield, conducts educational programs to ski clubs, schools, libraries, historical and civic organizations, and hosts social events and activities throughout the year. Information is available online at www.skimuseumofmaine.org.

Town of Hanover
Assessors
Meeting
SATURDAY,
April 9th
9:00 - 10:00 am
at the Town Office
21 Ferry Rd., Hanover

ATTENTION TOWN OF BETHEL TAX PAYERS

This notice is to remind you that the second half of your Fiscal Year 2016 tax bill is due and payable May 2, 2016. Interest will begin to accrue May 3, 2016. For the amount owed, please refer to the bill that you received in the fall of 2015. If you have lost or misplaced your bill you may call the office at 207-824-2669 or email at info@bethelmaine.org for an amount owed.

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Letters

NEWS FROM ROTARY

To the Editor:

The Rotary Club of Bethel has enjoyed quite a bit of activity the past few weeks – as well as many fun filled events on the horizon! The club meets each Tuesday at the Bethel Inn Resort from 7:30 – 8:30 am. Anyone from our communities who may be interested in attending a breakfast to learn more about what Rotary does is welcomed. The cost is \$9 for a complete buffet.

We are happy to welcome our newest Rotarian, Paul Motts, who recently relocated to Bethel with his wife Gretchen from Cuyahoga, Ohio, where he was a Park Ranger at Cuyahoga Valley National Park.

Rotary's mission is "Service above self," and as a club we organize events to raise funds to grant back to many community organizations. Most recently, we held our 9th Annual Wine & Beer Tasting and, for the first time, it was held at the Sunday River Inn. Many thanks to Steve and Peggy Wight for the use of their facilities and to Dave and Heather Nivus of the Good Food Store for providing the delicious heavy appetizers, and a variety of wine and beer. Various Rotarians pitched in to be bartenders, set up and clean up, and sell tickets. We thank everyone who made this a success. More recently, the Spring Country Breakfast was held at Gould Academy's Ordway Hall. This brings many community members out to enjoy a delicious full breakfast lovingly prepared and served by Rotarians, as well as the Gould Academy Dining Services crew led by Brian Scheidegger. We enjoyed wonderful hands of help by member of the Telstar HS Interact Club who are always there when we need them! Thanks to all who helped and attended!

A brand new event this year is the Inaugural May Day 5K Run/Walk, scheduled for Saturday, May 14 at Crescent Park School, starting at 10 a.m. This will not only be a competitive event for those who want to race, but it is also a fun run and walking event for everyone! The Club wishes to thank the Bethel Family Health Center for their awesome Presenting Sponsorship. The proceeds from the event will be earmarked for scholarships to area students who would like to participate in tuition based after school activities. Online registration will become available, and paper applications will also be available throughout the area.

Our club has had the pleasure of providing full scholarships to several Telstar sophomores to attend the annual Rotary Youth Leadership Award (RYLA) program at Camp Hines in Raymond. This is a tremendous program that provides meaningful and memorable leadership training to hundreds of students here in Maine. Many students from our local area have so enjoyed it that they go back to RYLA as counselors. To learn more about this program, contact Rotarian Mike Steven or by going to the Rotary District's webpage, Rotary7780.org.

We also have consistently been providing post-secondary educational assistance to graduating seniors from our local area. The scholarship applications are available from the guidance office at Telstar HS and online at bethelrotary.org. The deadline for submitting the application is April 15.

Our annual Auction and Yard sale is scheduled for Saturday, June 25. If you have items that you would like to donate, please contact Rotarian Scott Hynek at 653-9297.

Robin Zinchuk,
Public Image Chair

HUMAN IMPACT ON EARTH

To the Editor:

I am responding to a letter in the March 24 paper from Richard Grover. To Mr. Grover and anyone else who does not think humans are causing climate change, I have some questions.

What is the long term impact of having more than 7 billion humans using the limited resources of the Earth and continuing to burn fossil fuels? How about 8 billion (around the year 2025)? How about 10 billion (around the year 2033)? What will the quality of life be for that many humans? What kind of wars will occur as humans fight over limited resources?

Go to a website called myfootprint.org, answer a series of questions about your resource use and learn how many Earths would be needed to sustain our way of life. Please get back to me after that and let me know what our plan might be for finding the extra Earths we will need to survive.

Soil degradation, deforestation and the depletion of underground aquifers are clear and present dangers that affect our ability to grow food. When you look honestly at the possibilities of what will happen as a result of overpopulation, it is understandable that most humans are in denial. The fact that nobody wants to talk about overpopulation does not change the fact that it is happening (exponentially)!

Robert J. Dow
North Waterford

The Bethel Citizen

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THANKS FROM THE WAKEFIELDS

To the Editor:

Ten years ago, when our first daughter was born, my wife and I experienced an overwhelming amount of support from our family, friends, coworkers, as well as many other residents of Bethel and the surrounding communities. Gracie's rare medical condition created the need for us to quickly and unexpectedly stay with her in Boston for two months while she was treated at the Children's Hospital as we went through many uncertainties about her future. Today, she is a very energetic fourth grader, and our family has found itself suddenly in another unexpected medical diagnosis surrounded by its own uncertainties.

Recently, at our son Brady's 18-month doctor's visit, his pediatrician found a lump on his belly that she wanted to look into. Dr. Herlihy scheduled an ultrasound the next day, which showed a mass that would require a trip to The Barbara Bush Children's Hospital at Maine Medical Center in Portland. Within five days, the tumor had been confirmed, and it, as well as one of Brady's kidneys, had been successfully removed. As he recovered from the surgery over the next few days, the tumor was studied and found to be a more aggressive type of cancer than we had been hoping for. A Clear Cell Sarcoma was the diagnosis, known to spread into the lungs, bones or brain. We waited for the results of those scans, which thankfully came back clear. Upon receiving those results, Brady was released from the hospital, to rest at home as a chemotherapy plan was put together for him by the team of doctors. This past Monday, Brady will have received his first treatment, and will have returned to the clinic in Scarborough on Tuesday and Wednesday for his follow up treatments. The current plan is for him to receive treatments over the next 30 weeks. Although the treatment process will be a difficult one on such a small child, we are confident that his doctors feel that the tumor was caught early and that it is a curable condition.

There certainly have been many emotions that we've felt over the past few weeks, from fears of the diagnosis to the joy of returning home with Brady to our daughters. Although we have recently moved our family to South Paris as Gracie and Sophie attend the Christian Academy, we are once again overwhelmed by the outpouring of support by those around us in this community. It would be impossible to thank everyone individually who has offered us support, from simple phone calls, text messages, e-mails, visits, financial assistance, hugs, positive thoughts and prayers, but we hope that this letter can help show our deep appreciation for everyone who has reached out to us in support. Although a difficult road lies ahead for our family, the past few weeks have shown us why we will always consider Bethel to be our home.

Grayson and Renee Wakefield
South Paris

(Ed. note: A fundraising effort to assist the family with medical expenses is underway on Go Fund Me. For more go to <https://www.gofundme.com/c9w2yzcs>).

AS WAS TO BE EXPECTED

To the Editor:

Richard Grover's dismissal (March 24 Citizen) of the human causes of global warming as "rubbish" echoes the approach most conservative columnists. They take a source of information, select what affirms their ideological bias and announce the "truth."

That strategy has a long history, and I attempted to describe it in action in a letter to the Sun Journal on Feb. 12, 2015. Conservative trumpets sounded loud and quickly to the reports that 2014 was the warmest on record. Among the global warming deniers the following week, on Sunday, Feb. 1, were Cal Thomas (Lewiston Sun Journal), M.D. Harmon (Portland Press Herald) and Jeff Jacoby (Boston Globe). A week later it was Tom Harris again sounding the note in the Journal.

The message was the same: Don't believe the scientific consensus. It's a hoax, a conspiracy of liberal intellectuals; temperature variations are naturally occurring, not dangerous, and above all not human-caused. So it's not the result of fossil fuel consumption, and it's not our fault. We're innocent.

Start with Harris who complained we ought to be learning how to adapt to rather than correct the warming trend, which he routinely refutes. They all warned us to be skeptical of climate change science and claimed to find counter-argument details and doubts within the scientific community.

But if we're going to take their advice seriously, we'd do well to check the sources they claim provide the "real" expert information. Harris' International Climate Science Coalition is an anti-science group which fronts for the oil industry. Harris is a former Canadian energy company public relations consultant who gathers climate denier "reports." Cal Thomas cited ClimateDepot.com as "an excellent source for authoritative science and reporting that debunks the claims of climate alarmists." Aside from also being a favorite of Rush Limbaugh, ClimateDepot.com is the website of Marc Marano, an employee of the Committee for a Constructive Future Tomorrow, a group substantially funded by, among others, ExxonMobil. Marano is a well-known conservative global warming denier and former environmental communication director for Sen. James Inhofe of Oklahoma. Inhofe is a long-time hoax believer who counters climate science with a combination of selective statistics, righteous indignation and the Bible. Inhofe is now the chairman of the Senate Committee on the Environment and Public Works. His BA degree in economics instructed him where money comes from and is to be used, which over a million dollars in campaign contributions over the years from fossil fuel interests attest. Authoritative science is the last thing Inhofe, ClimateDepot.com (or Cal Thomas) are interested in, or perhaps capable of recognizing.

Harmon turned for his authoritative sources to the conservative London Daily Mail and to the Berkeley Earth Project (UC Berkeley), both of whom voiced concerns about some minor corrections in the percentage warming that had occurred. He wanted to leave us believing the Berkeley Project casts doubt on the 2014 reports. The Berkeley group initially drew the attention and financial support for its own skepticism from conservative quarters, among them arch climate change denier and fossil fuel billionaire, Charles Koch.

Funded by Koch, The Berkeley group, led by Dr. Richard Muller, did indeed review the climate studies and data, and then in 2012 he testified to Congress: "Call me a converted skeptic. Three years ago I identified problems in previous climate studies that, in my mind, threw doubt on the very existence of global warming. Last year, following an intensive research effort including a dozen scientists, I concluded that global warming was real and that prior estimates of the rate of warming accurate. I am now going a step further: Humans are almost entirely the cause."

Jacoby stepped off the usual conservative dance, citing variances in expert opinion based on small statistical factors which makes it difficult to say absolutely that 2014 was the warmest year. Like the others, he warned us to remain skeptical of global warming activists. The UN report out of Geneva was more sober. It emphasized that 2014 was warmer only by a few hundredths of a degree, which given statistical variances could put 2014 in a tie with 2010 and 2005. But it pointed out that 14 of the 15 warmest years have occurred in the 21st century, the exception being 1998. Jacoby cited the peak of the warming trend at the end of the 1990's, and concludes the global warming has therefore been "on hold." In order to come to that conclusion, of course, he had to omit the UN's warmest 14 years, all following 1998.

One would think these conservative "pundits" might well re-visit the notion of intellectual and journalistic integrity. The 49 percent of Republicans in Congress, along with all of the Republican candidates for the Presidency, who refuse to consider climate change a serious issue, might also do some honest research for a change, or at least have a conversation with the representatives from 190 nations who met in Paris last December to sign a strategy paper to reduce the human causes of global warming. Or maybe with the school children in Wyoming and Virginia where the coal industry has pushed to edit science text books to absolve burning coal of any connection with air pollution.

In short, if you want to be gulled by the fossil fuels industries' politically-motivated disinformation, or take any single article as proof that all other scientific conclusions are rubbish, you run the risk of putting your head in the same sand the oil companies are drilling in, in hopes perhaps of keeping those campaign contributions. Just don't expect young students and the rest of the intelligent world to call it a model of resourceful thinking.

Dick Taylor
Bethel

CORRECTION

BETHEL OCSD BUDGET \$324,500; HAD BEEN STEADY FOR SIX YEARS. Last week's article on the proposed Bethel municipal budget should have said the contract cost for police protection from the Oxford County Sheriff's Department is proposed at \$324,500, after remaining steady for six years.

Our Back Pages

By Danna Brown Nickerson

10 years ago: There wasn't enough snow for the annual Pole, Paddle and Paw race, but longtime participants and friends gathered to celebrate the event with badminton and croquet.

The Red Hat Ladies celebrated spring with breakfast at the Sudbury Inn.

Births: Kadence Brianna Vaillancourt, Deserae Marie Hutchinson, River Lily Ann White-Rainey.

Deaths: Grace B. Bartlett, Holger V. Pulkkinen, Daniel A. Coulombe, Rupert A. Elliott, Dr. Kenneth A. Gluck, Edna E. White.

20 years ago: Five fifth graders, the Crescent Park Cruisers, raised \$4,065 for Maine Handicapped Skiing at the 11th annual skiathon.

An increasing number of local loggers were carrying cellular phones into the woods with them for reasons of both safety and convenience.

Births: Melody Marie Hinckley, Brendan Michael Cordwell.

Deaths: Eleanor A. Emmons, Oscar M. Taylor, Nona E. Glazier, Roland C. Fryberg, Walter J. Patrick, Sr., Richard "Dicky" Baker.

30 years ago: Bethel Area Health Center officials symbolically broke ground to mark the start of renovations to the former A&P building on Railroad Street.

In a stunning upset, Andover voters refused to accept the new ladder truck purchased by the Andover Firemen's Association.

Births: Garth Raymond Retallack, Kianne Janine Merrill.

Deaths: Edith Hayes Epper, Sadie R. Herrick, Rhoda M. Vatcher.

40 years ago: Fred Mason, age 86, was presented the Boston Post Cane as the oldest resident of Locke's Mills.

Mrs. R.M. Fleet, Sunday River, reported seeing the first robin of the season.

Deaths: Mrs. Miriam R. Boyker, Frederick R. MacKenzie, James E. Currier.

50 years ago: Sunday River Skiway was still operating with some of the best spring skiing in recent years. Good to excellent skiing was expected to last until mid-April.

Death: Helen D. Robinson

60 years ago: John Greenleaf was the Oxford County delegate to the Farm and Home Week at Orono.

Deaths: John A. Angevine, Mrs. Mary Achenbach.

70 years ago: Bethel Girl Scouts Mother and Daughter banquet was held at the American Legion Home.

Ola A. Olson moved from the Branch Road, Newry, to West Paris.

Deaths: Osgood J. Swan, Mrs. Dorothy Mills Amee.

80 years ago: Flood debris from Maine rivers was reported to be a menace to navigation off the coast south of Portland.

The Manual Training Department of Gould Academy held its exhibit which was patronized by many parents and friends of the school.

Deaths: Mrs. Lydia M. Goodwin, Mrs. Addie M.S. Stone, Rev. Charles E. Easternhouse, Mrs. Abbie Lowe, Mrs. Mary E. Swift, Mrs. Mabel York.

90 years ago: There was a snowfall of 12 inches on April 3.

A large crowd attended the auction at the W.W. Hastings on Broad Street.

110 years ago: The Howard, which had been operated as a hotel for several years by Mrs. Sarah Putnam, was sold to Mr. Moses Hastings of Bangor, who planned to use it as a residence.

E.C. Bowler was in Brooklyn, N.Y., on business in connection with the installing of a linotype in the office of the News Publishing Co.

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Letters

ALCOHOL AWARENESS MONTH

To the Editor:

April is National Alcohol Awareness Month.

On average 88,000 people die a year from excessive alcohol abuse or alcohol related causes, making it the third leading preventable cause of death in the United States. In 2012, alcohol misuse cost the country \$249 billion dollars and three quarters of the total cost is related to binge drinking. Binge drinking is defined as drinking five or more alcohol drinks in about two hours.

According to the Maine Integrated Youth Health Survey (MIYHS) of 9th-12th grade students in 2015, 12.2 percent of high school students have participated in binge drinking in the past 30 days. The MIYHS survey also reported that 51 percent of teenagers have had a sip of alcohol before the age of 18.

Alcohol use at a young age is dangerous. Teen brains are at a very fragile stage of development including lack of judgement and likelihood of addiction. Two thirds of teen alcohol deaths are due to drownings, falls, homicides and suicides.

Other problems can be associated with underage drinking like drunk driving, unprotected sex, academic failure, and experimenting with other drugs. There are endless movies, advertisements, and music that glorify drinking as cool and fun.

Many adults believe that underage drinking is a rite of passage and inevitable, "they are going to do it anyway." To counter these messages we need to talk about this—with each other and with our kids. Share what you know about the dangers of drinking while praising and encouraging our friends, neighbors and youth to make healthy responsible choices.

Youth who start drinking before the age of 17 are five times more likely to become alcoholics as adults. It is never too early for prevention and awareness. Parents, guardians, and others who care for our youth, take an opportunity to talk to them about the dangers of alcohol.

Allie Burke
Program Manager
River Valley Rising

From the Bethel Town Manager's Office

By Christine M. Landes

As always, it is my pleasure to provide this bi-weekly column for the citizens of Bethel.

After meeting with several businesses in town, the Ordinance Review Committee has a proposal for a few changes to the Sign Ordinance. The Board of Selectmen are set to review these proposed changes at their upcoming meeting this Monday. If approved, there will be a Public Hearing in May before the proposal goes to voters at the annual June meeting.

The Route 2 bridge project is well underway. I know that waiting for the light to change is an inconvenience, but please be patient. The light change does require the first vehicle to proceed to the line for the light to be triggered. Also, please be mindful not to block business exits or homeowner's driveways. The workers are doing their best to move the project along as quickly as possible.

The Bethel Regional Airport Lighting Improvement Project has been sent out to bid. This project includes: installation of medium intensity runway edge lights, medium intensity taxiway edge lights, runway end identifier lights and a rotating beacon. The funding for this project comes from FAA yearly allocations to our airport. Watch for updates throughout the summer.

The second installment of FY16 taxes is due May 2, 2016. Please be sure to get your taxes in on time to avoid a late charge.

As a reminder, papers are now available for open seats on the Board of Selectmen, Board of Assessors, and School Board. We also have several open positions on boards and committees that need to be filled. Please see Christen, our Town Clerk, if you have any questions.

Kristi has been working hard on the development of our new website. I am anxious for each of you to see what she has created. Stay tuned...

Please remember if there is anything I, or the employees of the town, can do for you please do not hesitate to contact us. We are here for you.

Winter

Continued from page 1

since 1895, according to Maine's Climate Future, a report developed by more 70 scientists throughout the state. It doesn't sound like much, but scientists predict weather patterns may become warmer and more extreme.

Considering Maine relies on a winter-driven economy, the issue is an important one. With considerably less snow than usual, winter sports such as skiing and snowmobiling were put on the backburner.

Skiing

"If there is no snow in southern New England where many of our skiers live, skiing often isn't top-of-mind and people tend to ski less," said Nick Lambert, Sunday River Vice President of Marketing. "Last winter when all of New England experienced a cold and exceptionally snowy winter, more people were thinking about skiing and visiting resorts."

With snowmaking resources, skiers and snowboarders have been able for the most part to enjoy their pastime throughout the season. Since Sunday River is known for a particularly effective snowmaking system, local competitive sports were able to continue their season as scheduled, Lambert said.

According to Darcy Lambert, Director of Marketing and Communications for Gould Academy, some of the school's early winter ski events were postponed or moved to Sunday River because of its snowmaking and grooming capabilities.

Snowmobiling

Longtime snowmobiler Robert Lowell of Bethel said this winter was one of "the worst I've seen" for the sport. He didn't get out on his machine much.

"Usually I do 500 to 800 miles a season, but this year I did less than 50," he said.

A member of the Bethel Snow Twisters and the Greenstock Snow Sports clubs, Lowell said the full size trail grooming machine didn't even go out this year. Instead, a smaller groomer the size of a snowmobile was used, but only for about six hours total.

He's not drawing any long term conclusions about the weather's effect on the sport, though. "We have good winters and bad winters," he said.

Ice fishing

Along with snowboarding, skiing and snowmobiling, ice fishing is another popular activity that felt the effects of the mild winter. Considering Maine's established tradition in outdoor recreation, the result has not gone unnoticed by the government.

On March 28, at an event in Bridgton titled "Fishing on Thin Ice," Sen. Angus King, a member of the Senate Energy and Natural Resources Committee and Senate Climate Action Task Force, spoke about the weather's impact on ice fishing.

According to a press release from King's office, "temperature fluctuations like these have contributed to earlier ice-out dates at lakes and ponds around the state, which is the date at which the ice thaws and begins to break apart in each body of water. This year continued a trend of earlier ice-out dates, and according to the Maine Bureau of Parks and Lands, the 2015/2016 winter could set a record for early ice-out. Earlier ice-out dates means a shorter ice fishing season, and threaten

the longevity of this and other winter recreational activities."

According to the release, this year alone has caused several fishing derbies to be canceled or postponed, including the Sebago Lake Rotary Derby, which had to move to a smaller lake for the fourth time in 12 years.

"All across the state, Maine people and businesses are witnessing the dangerous effects of climate change first hand. And if we don't come together to meet these challenges head on, we will continue to see fewer and fewer outdoor opportunities for our anglers, hunters, and everyone who enjoys the wonderful natural resources that Maine has to offer," said King. "Activities like ice fishing or snowmobiling are not only inseparable parts of our identity as a state, but they are also important economic drivers that strengthen our communities and help support jobs. In the face of increasingly unpredictable seasons and fluctuating weather patterns, it's clear that we have to work collaboratively—not only to protect our time-honored outdoor traditions, but to safeguard our local economies as well."

A report cited in King's release from the National Wildlife Federation said that freshwater fishing produces more than \$250 million per year in Maine and contributes about \$26 billion nationwide.

Adapting

Bethel fishing guide Ron Fournier of Orion Outfitters and Guide Service compared the past few winters, but like Lowell he was cautious about drawing overall conclusions.

"In 2014 and 2015, our winters were two of the coldest on record, and we ice fished on 30 inches of ice in extreme cold, for long stretches," he said. "This year, we had late ice, and early ice out, never having more than a foot or so here. We had days in the 50s in February. But every time we have an exceptionally warm, cold, wet, or dry season we look at the relatively small window of time and make predictions and assumptions."

"Some years we have wet springs, dry summers, and mild winters. If you are not prepared to be flexible, and make adjustments, your activities and subsequently your potential income will be negatively affected. It's quite simple. If I look at my fishing activities, on the years that we are on the ice well into April, we start our brook fishing later, and then move on from there. This year, you'll find us on open water by now."

"I'm concerned about the 'big picture' of change, of certain species that are on the threshold of their ranges such as moose, Eastern brook trout, and others, as well as specific activities that rely on cold and snow, but we will have to adapt to changes regardless."

A biologist's view

A warming global climate would affect more than a person's ability to enjoy quiet fishing time on a fully frozen lake or to carve some fresh powder on the mountain. Maine's abundant wildlife could face environmental changes of its own.

Ken Hotopp, conservation biologist for his company Appalachian Conservation Biology, said Maine will see a rise in pests and diseases as the climate warms, making it possible for them to persist.

For instance, according to the Maine Center for Disease Control and Prevention, reported annual

cases of Lyme disease are five times higher than what they were a decade ago, breaking the record in 2013 with 1,376 cases. This spread has been linked to warmer temperatures, which creates a more hospitable environment for deer ticks.

Ticks are pests that not only infect humans, but can affect larger animals like moose as well. According to Hotopp, winter tick is the primary parasite that controls the population size of moose in Maine.

"Winter ticks infest most moose each year, sometimes killing a majority of moose calves," said Hotopp. "Anemia and loss of insulating fur, due to scratching to dislodge the parasites, lead to extreme weakness."

Ticks cause physical damage to moose, weakening their overall population. Again, as Maine's climate warms, the environment welcomes more pests like the winter tick, he said.

"Deep snow in late winter makes it difficult for adult female ticks to reproduce when they drop of their host, but a shorter winter means more young ticks climbing onto moose the next fall," Hotopp says. "Fall weather is also a factor in winter success."

He also notes that maximum winter and summer temperatures can physically stress the moose and even cause behavior changes.

"While our moose population will very likely be hurt by climate change and related parasite increases, whether we can maintain a moose population for hunting and watching is an open question," said Hotopp.

Hotopp also commented on information from the King release, saying that "higher lake temperatures, along with more storms and precipitation, can detrimentally alter the ecological balance central to the long-term sustainability of fish populations."

Brook trout are endangered by this phenomenon, Hotopp said. The biggest threat currently is other fish species, which compete with the brook trout for habitat and food.

"Most of these competing fish are adapted to warmer water temperatures, so we should expect them to be more successful as our climate changes," he said.

As the climate warms, he said, the weather will become wetter and more erratic, posing another threat to the fish.

"In storms fish can be battered and washed downstream, or in droughts they can be deprived of oxygen and are vulnerable to predators in small pools," said Hotopp.

There is still much to be learned about trout to make better predictions, he said, "but in the meantime, keeping stream edges well-forested and fixing improper culverts are two good practices that will help to mitigate some impacts of climate change upon brook trout."

Both the fishing economy and the fish themselves are clearly important to the well being of Maine, but there is a bigger picture to be noted here, said Hotopp.

"Of course we should all strive to reduce climate pollution, not just for brook trout but for our own families' health and well-being," he said. "We now face a global climate emergency that threatens people's lives and livelihoods, so changes for brook trout and fishermen are just one small part of the challenge."

LETTERS TO THE EDITOR

The Citizen welcomes letters to the editor. We hope our readers will regard the newspaper as a public forum for discussing any topic they believe to be of interest to the community.

The deadline for letters to the editor is 4:30 p.m. Monday. Letters submitted after that deadline will be considered for publication when circumstances permit.

Send your letters to: Editor, Bethel Citizen, PO Box 109, Bethel, ME 04217-0109. Fax: 824-2426. E-mail: news@bethelcitizen.com.

PUBLIC HEARING

Pursuant to Title 28 MRSA 252 -- a notice is hereby given that a Public Hearing will be held on April 11, 2016 at the Bethel Town Office to consider a Liquor License renewal for Kowloon Village located at 190 Main St. Public comment will be heard at that time. Prior to the hearing date written comment may be issued to the Bethel Town Office or email at info@bethelmaine.org

Christen Mason
Town Clerk

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The Citizen welcomes submissions of news items and photographs from local clubs and organizations.

Photos: When submitting photographs, please identify the nature and date of the activity, the names of

everyone shown in the photograph, and the name of the photographer. Please also provide the name and telephone number of a contact person.

Submissions can be mailed to P.O. Box 109, Bethel, ME, 04217. During non-business hours, items can be placed in the mailbox outside our office. For further information, call 824-2444.

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D.C.

Continued from page 1



Some of the THS freshmen in front of the U.S. Capitol.

Submitted photo



Last week some members of the THS freshman class gathered at the 4-H Camp in Bryant Pond (site of the Telstar Freshman Academy) to share their experiences from a recent trip to Washington, D.C. From left: Julia Cherkis, Hannah Evans, Xianna Whitehead, Koley True, Crystal Chapman, Selina Creelman, Bradley Lessard, Ricco Call, Emily Hanscom, Kyle Morin, Michael Jones.

For Koley True, studying past presidents before the trip and then seeing where the inaugurations took place was a valuable experience, she said. Creelman agreed. "Hands on is a better way to learn," she said. "We were a lot more engaged." Evans said she had seen some of the Washington landmarks in movies, "but looking out toward the Washington Monument - it's very different." Crystal Chapman said the trip has made her think more about the presidential election. Creelman added it gave her "a new perspective on the Constitution." Teacher Tara Pocock echoed the students. "I think the students really gained a deeper understanding and respect for the foundation and events that have shaped our country," she said. "To have the opportunity to stand in the same places and walk the same paths as previous and current world leaders is empowering."

Other lessons
In addition to the history and science they learned, several said it was eye-opening to witness the lifestyle and pace of the

city. "I didn't expect it to be this crazy," said Chapman. Whitehead was impressed by the routines of people getting to their jobs, and the security around the Capitol, she said. Then there were the smaller moments - like having an ice cream with classmates and sitting under the cherry trees - in full bloom while they were there. The togetherness, Creelman said, helped her get to know some classmates she hadn't before, and also helped to resolve some conflicts and make the group more like a family. The students said they were grateful for the opportunity the trip afforded. "Before, there had been negativity toward the [TFA] 4-H program, but I appreciate the program more now," said Cherkis. Emily Hanscom said she was appreciative to the community for supporting the trip, and other praised the teachers and even the bus driver. Whitehead said she wanted to go again. Seeing all the history and people, she said, "I felt famous after the trip."

Briefly

SR wins snowmaking award

NEWRY-The Sunday River snowmaking team has won the HKD I AM a Snowmaker Award, presented by Ski Area Management Magazine and sponsored by HKD Snowmakers, according to a press release. Each of the six North American resorts nominated for the award demonstrated exceptional snowmaking capabilities and experience levels within each team. The teams submitted a video to highlight the resorts' snowmakers, and the winner was decided by an online vote. Sunday River started its 2015-16 winter season with a snowmaking test on Sept. 22, and opened for skiing and snowboarding Oct. 19. Despite warmer temperatures throughout the winter, the resort credits its ability to consistently offer the most open terrain in the Northeast to the efforts of its snowmaking team.

College center moving to Rumford

MEXICO-The University College Center at Rumford/Mexico is moving to the River Valley Technology Center at 180 Congress Street, with an anticipated Aug. 1 opening, center Director Lisa Cooper said Monday. Cooper said the center at 13 Brown St. in Mexico is "a little off the beaten path in its current building. There's been some conversations for a while now about moving locations. There have never been any major renovations in the current building, especially in terms of (wheelchair) accessibility." She said the Technology Center is a "more modern space." University College is the University of Maine's distance education organization, which offers access to courses and programs from the seven universities at more than 40 locations and online.

What the students studied before the trip

Teacher Norm Greenberg provided this summary of what Telstar High School freshmen studied before their recent trip to Washington, D.C.:

We studied forms of government, influences on American government, the Declaration of Independence, Constitution, Bill of Rights, three branches of government, and we spent a lot of time learning about the Supreme Court and cases that affect the lives of students. They debated two separate cases, taking on the role of the opposing legal teams, and preparing and presenting arguments.

Other topics included:

- * Learning history through artifacts - how to explore museums.
 - * Researching inventors.
 - * The history, design and layout of Washington, D.C.
- During our Exploration and Discovery unit we studied the political cartoon exhibit that is currently on display

at the Library of Congress. We looked at how political cartoonists throughout history have used imagery to bring attention to important issues and persuade public opinion. Students chose an issue that they were interested in exploring and researched cartoons available within the Library of Congress digital collection. They then composed a cartoon of their own using techniques used by political cartoonists to persuade their classmates to change their opinions on an issue. We also did lessons on leadership, exploring the qualities, characteristics, and other factors that impact the effectiveness of a leader.

Students also completed units in astronomy, Earth history, and the nature of science prior to their trip to prepare them for their experiences at the Air and Space Museum, the Museum of Natural History and the National Zoo.

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The Way I See It

by Sharon Bouchard

When I was a kid we used to sing a little ditty this time of the year... "Spring has sprung, the grass has riss. I wonder where the birdies is." Silly, I know, but as a kid I thought it was pretty darn cute.

But anyway, spring has sprung even though as I look out the window there are fluffy snowflakes falling from the sky and the temperature was in the teens this morning. Old Man Winter is not quite ready to release his icy grip and is reminding us that he still has some control.

It really is no big deal though. This winter was quite mild with a minimum amount of snow. My thermometer never once registered below zero. Oil prices were down and I certainly didn't use nearly as much as in winters past.

And, now every day gets us closer to when the grass really will be "riss" and trees will be in bud and the tulips and daffodils will show off their bright colors.

In spite of the sudden cold temperatures and the falling snow I'm feeling pretty darn smug. I still have some Girl Scout cookies left and, this is really big, my spring cleaning is done!

I'm a bit red faced to admit that it has been several springs since I actually did a spring cleaning, but by golly this year I got motivated and accomplished

the mission.

I'd like to say that I was motivated by a desire to have a clean house, but had I not broken a bottle of molasses that spilled all down the front of a white kitchen cabinet and onto the floor things might have been different.

Molasses is not all that easy to clean up and I had to pick up the broken glass before I could even start. You can't scrub just one kitchen cabinet and one part of the floor without making everything else look pretty grungy.

Therein was my motivation.

I did wonder what he thought had been holding up all that junk.

the mail that I figured I'd take advantage of at some point whet on a counter. I'm sure my trash man was not pleased with all the bags of trash that came off of those counters.

It has been so bad that the young son of a friend who has visited often came in after my cleaning marathon and said, "Boy, you actually have counter. I didn't think you did." He was quite serious and I had the good sense to be embarrassed, but I did wonder what he thought had been holding up all that junk.

I went through the rest of the house with the same manic determination and was pretty darn proud of myself when it was all done. Now I've become obsessive about keeping everything clean. I hosted the family Easter dinner and received rave reviews on how clean the house was. Then when I handed out cleaning rags, broom and mop and insisted that everyone clean-up after the meal I just received raves.

When I hear others talking about how they need to get started on their spring cleaning and I just smile and proudly say, "I've got mine all done." That doesn't win me any popularity contests, but that's okay. The way I see it while everyone else is doing their spring cleaning I'll be motivated to sit on my back porch and watch the grass "riss."

Budworm

Continued from page 1

ests—coniferous forests dominated by spruce and fir—and the long-range economic impact of the infestation. “The problem was, what do you do about the aftermath?” he said.

Because of the rapid salvage cutting that took place, “the log and pulp markets for spruce and fir were flooded, so the prices dropped.”

Spruce and fir logs are used primarily to make framing lumber for construction, and after the devastation caused by the spruce budworm, Laban said, “it takes 40 to 50 years to replace what’s lost.”

Now, Maine is facing another severe infestation of the forest pest, whose larvae feed on the needles of balsam fir, white spruce, and, to a lesser extent, red and black spruce.

A comprehensive report released last month by the Maine Spruce Budworm Task Force makes it clear: it’s not a question of whether or not another major outbreak is imminent; it’s only a question of just when the devastation will begin in Maine and how severe it will be.

The Task Force was formed in 2013 by the University of Maine’s Cooperative Forestry Research Unit, the Maine Forest Products Council, and the Maine Forest Service to assess the risk of the impending outbreak, including its impact on the state’s wood supply, wildlife habitat, and economy.

The report predicts that without any forest management mitigation effort, the total volume loss over the 40 years following the start of the next outbreak will be between 6.4 million and 12.7 million cords.

That translates to an annual economic impact of between \$397 million for a moderate outbreak and \$794 million for a severe outbreak, and an estimated annual employment loss of between 598 and 1,196 jobs.

Also addressed are the potentially negative effects on deer wintering areas, songbird and mammal populations that rely on mature softwood habitat, and riparian habitats and aquatic systems, as well as other wildlife habitat concerns.

The report also deals with forest management, monitoring, and protection strategies and how best to use policy, legislation, and funding to minimize the expected losses.

Clock is ticking

Although the spruce budworm is always present in Maine, major infestations are cyclical, occurring approximately every 30 to 60 years.

Entomologists monitor the insect’s numbers and movements by performing defoliation surveys and setting pheromone

traps in host forest types across northern Maine.

They then conduct egg mass and larval surveys in areas where the results of those studies indicate that the population is intensifying.

The current outbreak, which began in Quebec about a decade ago, has already caused the severe defoliation of over 15 million acres there, and traps set in northern Maine and New Brunswick indicate a steady increase in the numbers of adult moths in those areas.

“The clock has been ticking, so to speak, since the end of the last outbreak,” said LandVest District Forester David DeGruttola this week.

His company manages about 47,000 acres of privately owned timberland within a 2.5-hour radius of its Bethel office.

He said forests in which

mainly dormant over the winter.

The most severe defoliation occurs in the spring, when larvae emerge and begin to feed on new flower buds or, if they are unavailable, the previous year’s needles.

Larvae go through several stages, called instars, while feeding on the foliage of developing shoots, completing their development and ceasing to feed around late June or early July.

The next transformation is to a pupa, usually within a webbed covering the larva forms at the tip of a twig.

The moths that emerge about 10 days later can be transported up to 10 miles by typical air currents, and hundreds of miles by storm fronts.

The spruce budworm can be difficult to detect at first, but once it takes hold in an area, the signs are unmistakable.

“As the eastern spruce budworm larvae feed on the needles and expanding buds, the severed needles will begin to turn brown,” said DeGruttola.

“This can be seen mid-June to late August. In early outbreaks, damage is seen mostly in the upper crowns of spruce-fir stands. After several years of heavy defoliation the forest will appear to be grey as dead crowns become more evident.”

Control

Because a major outbreak of the pest is nearly impossible to avoid or control, most of the strategies recommended in the Maine Spruce Budworm Task Force report focus on reducing the amount of standing timber in high risk stands through pre-salvage harvesting before the outbreak begins, and on finding new markets for lower-value salvaged trees, such as pellets for heating fuel.

The use of aerially applied insecticides has been shown to be effective in reducing damage, said DeGruttola, but he added that the cost can be prohibitive for many landowners.

“There are some natural controls of parasitism by small parasitic wasps and flies,” he said. “However, several years of warm dry springs, adequate food, and suitable hibernation sites can overwhelm natural control agents.”

In the end, he said, “Once an outbreak starts it usually continues until the larvae consume all of the available foliage.”



THE MAHOOSUC MOUNTAINS RESCUE TEAM recently traveled to Mt. Katahdin for its annual winter training, according to member Bob Baribeau. “While there we placed a new sign at the summit as part of our community service project,” he said. The team also had a semi-technical rescue in Grafton Notch on Friday, when late in the day they were alerted to a hiker stranded on slabby ledges near Tablerock, said Baribeau. “With the Maine Warden Service we were able to locate and ‘short’ rope the hiker down to Route 26. Wandering off the trail in this area is a dubious course of action, as steep terrain which includes slabs and vertical cliffs imperil any travel.” Submitted photos



Construction progress of the new commercial building in Mayville opposite Sport Thoma on Route 2 in Bethel. D. Bennett

From the OCSD Patrol Log

Monday, March 28

At 1:20 p.m. Deputy Derek MacDonald responded to a property damage accident on Vernon Street in Bethel.

At 7:56 p.m. Deputy Matt McDonnell received a report of a violation of a protection order in Bethel. Further investigation revealed no violation had occurred.

Wednesday, March 30

At 10:34 a.m. Deputy Andy Whitney received a call regarding an ongoing incident of a violation of protection from abuse order.

(Time not given) Sgt. Tim Ontengco received a request for extra patrol around a bridge construction site in Bethel. Local patrol units were notified.

At 6:22 p.m. Sgt. Tim Ontengco responded to High Street in Bethel to interview a person targeted by a person in North Carolina in an attempted theft by extortion over the Internet and text messaging. The case was under investigation.

At 9:36 p.m. Deputy Derek MacDonald responded to a domestic disturbance at Main Street and Howe Hill Road in Greenwood. Charges were pending.

Thursday, March 31

At 10:05 a.m. a Park Street, Bethel resident was summonsed by Deputy Mike Halacy for attachment of false plates.

Friday, April 1

At 12:54 a.m. on Mechanic Street in Bethel Deputy Josh Aylward stopped a vehicle for a loud exhaust. Af-

ter investigation Justin Caffery, 29, of Bethel was arrested for OUI.

At 1:33 p.m. Deputy Andy Whitney received a report of harassment in Bethel. The suspect was to be located and given a summons.

At 2:35 p.m. Deputy Mike Fitzmorris took reports of a firearm that was potentially stolen from a residence on Hunts Corner Road in Albany. An investigation was ongoing.

At 3:40 p.m. a 911 call was received plotting off a tower in Woodstock. The subject said he was running from someone and then hung up. The caller was found to be in Grafton Notch and units responded to that location.

At 4:06 p.m. Sgt. Tim Holland and Cpl. George Cayer responded to the Bear River Road in Grafton Notch for a report of a delusional subject in the road nearly causing an accident. There were also reports that some subjects were fighting in a ditch, with a vehicle off the road. When the officers arrived a subject was restrained by a passing motorist and found to be hallucinating due to consumption of illicit hallucinogenic drugs.

Saturday, April 2

At 5:24 p.m. Deputy Matt McDonnell responded to the intersection of Bear and Mayville roads in Newry for a single vehicle crash with personal injuries. Two people were taken to the hospital by Med-Care Ambulance for non-life threatening injuries. The Newry Fire Department assisted at the scene.

Monday, April 4

At 7:49 a.m. Deputy Mike Fitzmorris stopped a vehicle on Vernon Street in Bethel. It was found to have a suspended registration. Eric Hodgkins, 45, of Auburn was summonsed for operating with a suspended registration.

From the OCSD Jail Log

April 3, 6:03 p.m.: Ross A. Rainey, 24, of Greenwood, criminal mischief, DV terrorizing, DV criminal threatening; by Deputy Derek MacDonald in Bethel.

April 4, 11:45 a.m.: Merle R. Perry, 61, of Milton, violation of protection order, violation of bail conditions, DV stalking; by Deputy Mike Fitzmorris in Bethel.

April 5, 4:20 p.m.: Chad A. Knox, 29, of Bethel, failure to pay fines; by Deputy Matt McDonnell in Bethel.

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UU CHURCHES TOGETHER-The congregations of four area Unitarian Universalist churches join together as often as possible to share food, fellowship, and music. Last week, members of the First Universalist Church of South Paris, the First Universalist Church of Norway, the First Universalist Society of West Sumner, and the First Universalist Church of West Paris attended a potluck supper at the West Paris church.



Following the meal, members of the "UU Ukes" performed on the newly refurbished stage in the fellowship hall, and West Paris organist and music director Jim Burke led a singalong. UU Ukes members include Rev. Fayre Stephenson, minister of the Norway and West Paris churches, Joan Beal, Pam Burke, and Deborah Crumb.

A. Wight Chapman

the winter. We still have not seen a female yet.

Mary Tyler called to say that the Phoebe have returned. A pair nested in the rafters of her porch last summer. The one she saw last weekend seemed to be checking out the porch again. Mary enjoyed watching the little ones and they did not seem to mind being disturbed when she went in and out the door.

Happy Birthday wishes go out to Quinn McLain for April 11. He is the son of Stephen and Peachy McLain and the grandson of Steve and Lise McLain.

Hugh and I got a phone call from Bob and Judy Bishop the other day. They are doing well, but have been busy with family, etc. They hope to get to Gilead soon to stop by and visit.

Got any news? Call 836-2987 or e-mail chapmal@hotmail.com.

Andover

By JANE RICH



Here are some important dates for your calendar:

April 13, 2 to 4 p.m. at the Town Hall, a presentation on recognizing and avoiding scams presented by Valerie Cole of Seniors Plus; April 16, ATV Safety Course from 8 a.m. to 2 p.m. at the Roxbury Town Hall ages 9 to 99 sponsored by the Roxbury ATV Club; April 30 the annual Birthday Supper to be held at the First Congregational Church 5:30 p.m.; June 14, School Budget Validation Referendum.

The Andover Olde Home Days Committee was

scheduled to meet last night, Wednesday. I'll have a full report on plans for the August 6, 7, 8 events in next week's column. I can tell you the theme will be honoring law enforcement, emergency personnel and volunteers.

The Andover Alumni Association is beginning preparations for their annual get together to honor the Senior graduating class which traditionally takes place on the Saturday of Memorial Day Weekend. This year it's May 28. The committee has decided to move the supper back to the Town Hall where it was held for many years.

The Board of Selectmen is looking for volunteers to serve on a committee to evaluate and make recommendations for changing Town Government to a more efficient form. This will also entail answering the question how can we maintain the current form and still take care of all the responsibilities especially the assessing phase of the board's obligations. Also, is there anyone out there who would be interested in maintaining the Town's website and keeping it up to date on a weekly basis? If either one of these situations appeal to you, please leave word at the Town Office 392-3302 or call me 392-3761.

After a few days of going out with just a sweater on, the wind is now howling down Main Street and the temperature at 3 p.m. is below 30 degrees. You should know I resent having to put my winter coat back on as probably many of you do also, since that was the main topic I heard discussed this morning in two different settings.

I leave you with this thought from Albert Einstein, "The world is not dangerous because of those who do harm. It's dangerous because of those who watch and do nothing." Another quote similar to that goes somewhat like this, "all that is necessary for evil to flourish is for people of good will to do nothing." As I look around our world I see both of these sentiments in play and it is very disturbing, so I encourage all of us to do something to change the world which can encompass a wide variety of actions that bring about good.

Newry

By DOUG WEBSTER



Well, I thought I was going to have a little firewood leftover this year. That

was until this week. Jeez, we needed this weather in March, not now! One thing is for sure, you can never rely on the weather from one year to the next. I hope the skiway had a chance with the cold weather to cover up some thin spots and possibly extend the season a while longer. At least the skiers had a fairly normal year. Snowmobilers had a tough time locally. Riders had to do some traveling to get any decent riding. If we only had snowmaking for the snowmobile trails.

Ice is finally departing from the lakes. As the ice recedes to the north, I can only think of smelting "up north" on Aziscohos Lake. The cold weather this week might make ice out up north a little more

timely. If one would like an adventure, going up to the lakes for an evening of fishing and smelting can't be beat. Another fishing season is upon us, good luck to all the anglers this year. May everyone have many a tight line and have a safe and enjoyable summer.

Not much new in town that I know of. The district taxation reapportionment committee should be meeting soon. Stay tuned.

Upton

By JOE BERNIER



Friday, I observed that Umbagog Lake was still more ice covered than

not. I assume that it remains that way.

There is a rabbit that frequents Laurie Brown's lawn. Laurie noted that in the past week and a half the rabbit has changed from all white to mostly brown. Laurie, also, would like to thank the citizen that dragged Back Street. She believes that it helped fill the ruts and kept the mud at a minimum.

For several years, Penny has entered my name into the Publishers Clearing House Sweepstakes. Her thinking was, why not, someone will win. Unbelievably, we won! When the check arrived we discussed whether we should share with our kids, set up trust funds for the granddaughters or perhaps invest. After some thought and consideration, we decided to simply cash the ten dollar check and spend it on something frivolous.

The Upton Selectmen will meet Tuesday, April

12, 7 p.m. at the Upton Town Office

Please call 533-2010 or e-mail backstjoe@gmail.com.

Locke's Mills

By AMY WIGHT CHAPMAN



The girls are back - the female red-winged blackbirds, that is. The males ar-

rived at my feeders a couple of weeks ago, on March 21, but I hadn't seen a single female until this week. Apparently the males come north ahead of the females to establish a territory. They arrived along with a bunch of other black birds - starlings, grackles, and a solitary raven.

I guessed April 3 in an informal Facebook poll of what day the ice would go out of North Pond, and Doreen Johnson told me that day (Sunday) that my guess was correct. However, the next day, Monday, with morning temperatures in the low teens, Cathy Newell posted a news flash: "Charlie has spotted a skim of ice on North Pond - surely a dilemma for the Ice Out situation!"

Betsy Foster said it was the same on Round Pond - a new skim of ice. Then later that same day, Doreen said the loons were back and she had just spotted six of them swimming together on North Pond,

so even though the highest temperature I saw on Monday was a rather brutal 25 degrees, the skim of ice must have disappeared.

I saw at least 15 pairs of common mergansers in an open area of Round Pond on my morning walk down the Greenwood Road on Saturday morning. I always enjoy seeing the different varieties of water birds that usually only visit our area for a few days or weeks during their spring migration. I also spotted a pair of wood ducks and, of course, plenty of Canada geese.

Last Saturday, I went with my brother and sister-in-law, Steve and Peggy Wight of Newry, to Unity to help Deborah Farwell Eldredge celebrate her 90th birthday. We picked up our sister, Leslie, who lives in Mount Vernon, on our way. As I think I've mentioned before, Debbie, who grew up in East Bethel, is my second cousin once removed. When I was growing up, she and her husband, Bill, ran a grocery store in Unity, and she always came to visit us at camp with her three sons during the summer. I sure hope I got some of the good genes that have kept her so funny, feisty, and fit at 90!

I was glad to see that Barbara Hastings Honkala was at the party, too. I told her we should have carpooled, but she said she had driven herself over the day before and spent the night. I thought that was pretty impres-

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EAST BETHEL FARM GIRLS-Barbara Hastings Honkala (left) traveled to Unity recently to help her lifelong friend Deborah Farwell Eldredge celebrate her 90th birthday. The two enjoyed sharing stories about growing up as "East Bethel farm girls."

A. Wight Chapman

sive, but Barbara reminded me that she is, after all, younger than Debbie (by a little more than a year). They had a good time reminiscing about growing up together as part of a large contingent of East Bethel farm kids. (Perhaps Sonny Hastings' ears were burning that afternoon and he wondered why?)

My daughter Caitlin has a birthday on Friday; she's turning 31. So far the weather this week is a lot like it was the week she was born - cold and raw, with occasional snow flurries. In fact, there was a snowstorm the day she arrived.

The Local Hub is back open after being closed for a week for renovations, and I'm sure everyone is glad. We had friends visiting this weekend, and the eight of us walked over for Burger Night on Saturday. The burgers were great, as always, and they even made a grilled cheese sandwich for one small member of our party who doesn't care for burgers.

I've had a few cooking adventures this week. I experimented with sugar-free, whole-wheat banana bread (the verdict: not too bad, but it might have benefitted from just a bit of sugar) and I made chicken enchiladas from scratch, including making my own flour tortillas and enchilada sauce (those came out great). As I write this, it's nearly 11 p.m. and I have two loaves of sourdough bread in the oven (because the dough took all day to rise). Next time I need to remember to let it have its first rise overnight.

Think spring, and have a good week! E-mail your news to amy.w.chapman@gmail.com, leave a message at 875-5511, or contact me on Facebook.

Bryant Pond

By ALICE HOYT



Today, April 7, will be the Senior Citizens' meeting and dinner at the Woodstock Fire Department at 11:30. Dinner will be put on by the Daughters of Union Veterans.

The April program for the Whitman Memorial Library is today, April 7 at 2 p.m. Come join them for a social hour. Supplies for the popular fad of coloring will be provided. Card games will be part of the fun and at least one cribbage board. Come welcome spring with friends. Public is welcome at no charge with light refreshments.

If you are interested in the basket making and lunch at the Community Center in Harrison on 23 School Street, today is the last day to RSVP to Christine Hebert (743-5227). This is sponsored by the Lakeside Grange of Harrison and the Franklin Grange of Bryant Pond. All proceeds go to the two granges. It is a day of laughter and fun and you go home with a "l'il cutie" basket. Date and time: April 9 from 10 to 4 p.m.

Judith Grover Tent 17 DUVCW will meet at the

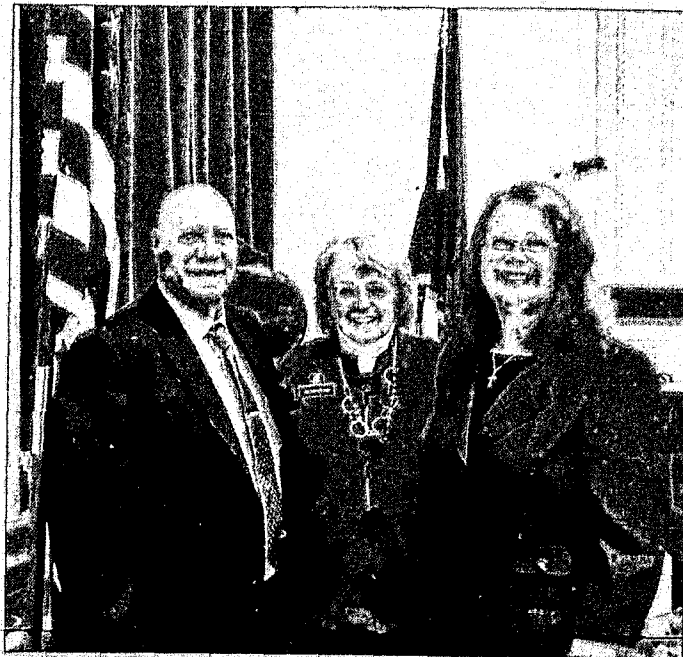
Grange Hall on Monday, April 11 at 7 p.m. for a regular meeting.

Remember, Franklin Grange 124 will only hold one meeting a month now. It will be the third Monday of each month. Next meeting is April 18 at 7 p.m.

Sympathy is extended to the family of Phyllis Hathaway Jordan.

Services at the Baptist Church are Sunday School at 9:15, Morning Worship at 10:30, Evening Service at 6 p.m. Wednesday evening at 6:30 is Mid-Week Service. This Sunday, April 10, guests will be Church Planter Ian Brown and family at the morning service. The Brown family is planting the Liberty Baptist Church in Quincy neighborhood in Boston. Tuesday, April 12 will be Ladies' Coffee Cup Devotions at 9 a.m. at the Fellowship Hall. All ladies are welcome. Each Wednesday at 6:30 p.m. is Mid-Week Service.

Guests at the home of Mr. and Mrs. Kenneth Hoyt on Easter Sunday were my sister's family and ours - a total of 28. It was a special day as we got to see our two great-grandsons, Chase Crockett who is nine months old and Gabe Ray who was one day old, and great-granddaughter Shawnie Allen, who is three.



PRAYER OFFERED -Rep. Fran Head of Bethel welcomed Lynn and Ron Dionne of the West Bethel Union Church to the State House Friday, April 1. Lynn delivered the prayer to the House of Representatives. Submitted photo

"Mr. Timberdoodle's Sky Dance," by MLT

The Mahoosuc Land Trust invites all to experience the spring romantic dances of the American woodcock. Marvel as they spiral 300 feet into the sky and then make a series of dives to impress a mate. Recently retired National Park Service Naturalist Paul Motts will show us this unusual mating spectacle.

This easy guided walk takes place on Tuesday, April 12 at 6:45 p.m. on the Valentine Farm Property, located at 162 North Rd., 0.8 miles from Route 2 in Bethel. A small flashlight is recommended and it is best to wear warm dark clothing. The program is expected to go until 8:15 p.m. All ages are welcome.

Each spring the American woodcock (also known as Mr. Timberdoodle) returns to Maine following their northbound migration. This very stocky bird with a three inch bill has little resemblance to the other shorebirds in its family, making them quite the sight. Just after twilight, male birds come to their singing grounds, and then approximately 15 minutes later at precisely 0.05 candlelight hours they perform their three part sky dance. Woodcock are among the slowest of fliers, so they are easy to spot and typically land in the very spot where they took off. At one program they were so precise that they event landed on someone's wool hat! The peak time to observe the sky dance performances is from now until mid-May. Please pre-register for this event by going to our website and clicking on the Events tab or calling Annie at 824-3806. Pre-registration is requested but not required.

The Mahoosuc Land Trust is an accredited community land trust encouraging public interest in conservation in central Oxford County and eastern Coos County, N.H., supporting a balance of growth and conservation and emphasizing sustainable and traditional land uses. For more information, visit www.mahoosuc.org or call 207-824-3806.

Age-Friendly Community news

Last week The Tri-State Summit on Aging brought leaders from Age-Friendly initiatives together to learn from each other and from experts working on issues like housing, transportation, technology and health care. Four members of our local planning team attended: Allen and Jackie Cressy, Kay Larson, and Nancy Davis. Al and Nancy were part of a panel discussion on Outreach. We learned a lot and were cheered by the acclaim Bethel, Greenwood, Newry and Woodstock have become as a model for regional planning.

Last fall our community members indicated the livability factors that were important to them, and we have a strong start to our response to that data. The transportation task force is well underway, with representatives from each of our four communities, as well as Western Maine Transportation and the Sunday River Stagecoach Shuttle Services.

To help in the task force's planning, it is asking members of the Bethel area community to be more detailed indicating what would help them in meeting their transportation needs. We hope you'll complete a survey that the task force is preparing for distribution throughout the four-town area.

Do you get the WMSC (Senior College) blog weekly? If not and you'd like to, contact Nancy Davis. This week you can learn about "Move it or Lose it," a To Your Health program Thursday (today) at 4:30 at the West Parish Congregational Church. Another article is about the SAD 44 Adult and Community Education program on Medicare: Tuesday, April 26 at 6.

FMI: Nancy Davis (nancydavis.bethel@gmail.com, 381-1110)

Earth Day Peace Concert in Norway

The First Universalist Church of Norway will present their eighth annual Earth Day Peace Concert on Sunday, April 17th at 2:00 p.m. The event will feature live performances by Heather Pierson, Mary Hargreaves, Davy Sturtevant, Nate Towne, and the Norway UU Choir. The program will include songs and readings that celebrate and honor the earth and the ideal of peace.

Heather Pierson is a pianist, singer/songwriter and performer whose inspiring live performances and growing catalog of releases illuminate her boundless creativity, delving into Americana, blues, jazz, and folk. In addition to her demanding performance schedule, Heather has also been music director at First Universalist Church since March 2003. She is the leader of the nationally touring Heather Pierson Acoustic Trio, whose debut recording, *Still She Will Fly*, had four singles in the Top 100 of Folk Radio in 2015, including the title track in the number 2 spot.

Mary Christine Hargreaves, from East Sumner, was raised on family polkas, classical piano, folk songs of the 60's & 70's, and the Beatles. A singer-songwriter who presents easy listening, down-home, and folksy music on ukulele and guitar. Her rhythmic renditions of favorites and traditional songs celebrate love, freedom, inner strength, and Maine's beauty. Recently she has teamed up with percussionist Bernie Vigna to form RHYTHM SPARROW, an invigorating acoustic duo from southwestern Maine. Mary and Bernie play a multi-genre mix of feel-good favorites and original songs.

Originally hailing from Erie, PA, Davy Sturtevant is a veteran touring artist, producer, engineer, songwriter, and performer who now makes his home in Lovell. Armed with a gorgeous tenor voice and a mighty arsenal of instruments ranging from dobro to fiddle to cornet that come to life in his capable hands, Davy is at once a witty, thoughtful, and engaging stage presence. In addition to his solo work, Davy is also one third of the Heather Pierson Acoustic Trio.

Local guitar slinger Nate Towne has long been a staple in the western Maine music scene, most notably at Tucker's Music Pub in Norway. Both solo and in various ensemble projects, he brings both his Southern roots-rock and folk sensibilities and his understated virtuosity to his stage show. Nate has two self-produced CDs to his credit: 2006's *Short Circuit* and 2012's *Empty Tables and Chairs*.

Admission for this concert is just \$5 at the door. There will also be a collection of non-perishable food items taken for the Oxford Hills Food Pantry. The church is located at 479 Main St. in Norway's historic downtown. For more information, please call 207-743-2828 or e-mail Heather at heather@heatherpierson.com.

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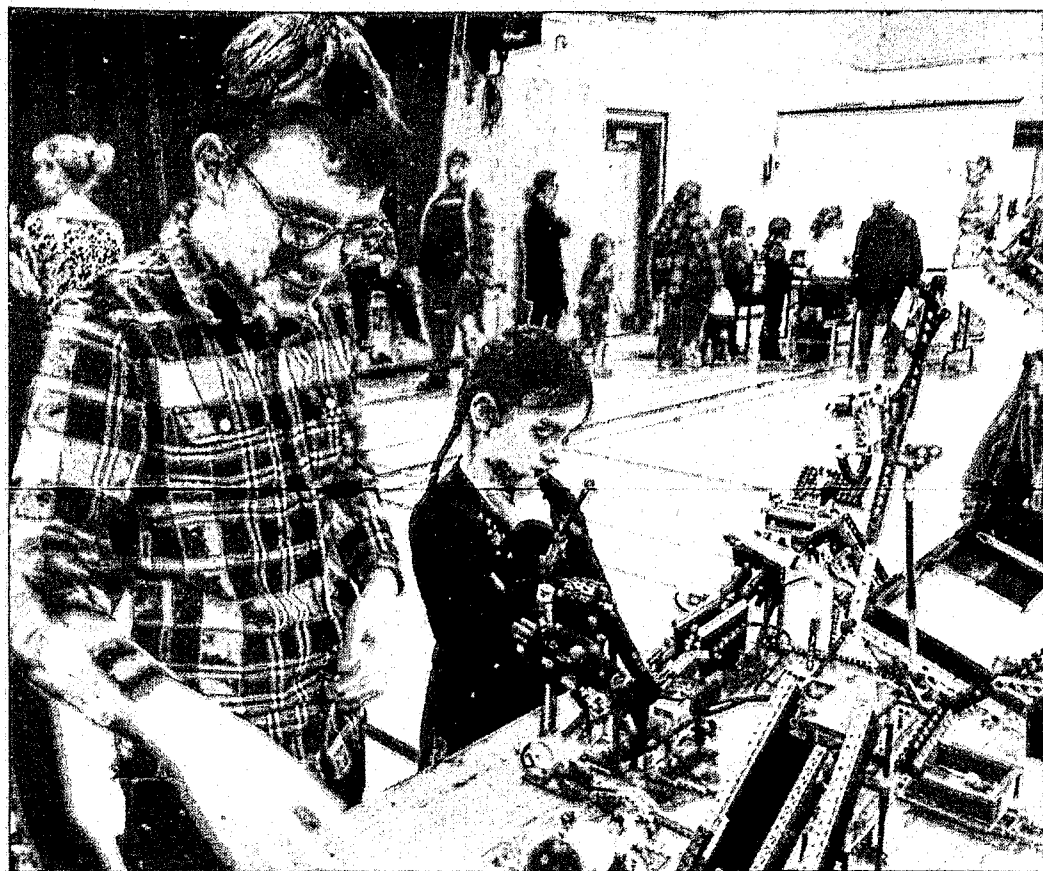
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School news



SCIENCE NIGHT AT CPS-A recent Science Night, sponsored by the Crescent Park School PTA, gave students and community members an opportunity to come together to learn about science. "Members of the PTA like to have community nights where families come together for fun, learning activities," said Teacher Marie Keane. "Many of the activities are offered nationwide as part of the larger organization, the PTO. Science Night was a great success with many families attending. The LEGO league group sponsored by MKA was also a part of the program. MKA has been sponsoring LEGO robotics in the district for over 10 years now." Utah Bean, shown above, is a 7th grader and has been involved with LEGO robotic competitions for three years. He explained his robotics machine to younger students. Below, Gary Inman helps Woodstock School kindergartner Oliver Rand adjust a microscope to see the differences between salt and sugar crystals, while Simon Rand waits for a turn. The microscope was connected to a projector, allowing the material on the slide to be projected onto a large screen.

Submitted photo: A. Wight Chapman



TELSTAR TOP 10-The top 10 students from the Telstar High School Class of 2016 came together at school last week to be recognized by Principal Cheryl Lang and to enjoy a pizza lunch provided by Frank DelDuca of Crossroads Diner in Bethel. Front: Jessica Dine, Lisa Gammon, Rebecca Howard. Back: Austin Bear, Cassidy Smith, Savannah Vermette, Amber Souve, Ashley Savage, Cameron Rothwell. Absent: Carla Boyle-Wight.

A. Aloisio



KICK BUTTS DAY AT CPS-Students from The Eddy School visited the fourth grade classes at the Crescent Park School in Bethel March 16 to share information about the dangers of smoking as part of "Kick Butts Day." The day is an annual celebration of youth leadership and activism in the fight against tobacco use, according to a press release. On Kick Butts Day, kids demand that tobacco companies stop marketing deadly products to them and encourage elected officials to help reduce youth tobacco use, the release said. This year, the day focused attention on marketing tactics tobacco companies use to target youth, including ads in magazines with youth readership, price discounts and sweet-flavored tobacco products. The kids joined in creative events that range from classroom activities about the harmful ingredients in cigarettes to rallies at state capitols.

Submitted photo

Democrats to meet

The Oxford County Democrats have scheduled a meeting on Sunday, April 10 beginning with social time at 1:30 p.m. at the Crescent Park School in Bethel, and a meeting at 2 p.m. The major purpose of the meeting is to fill available slots for the May 6-7 Democratic State Convention in Portland. This will be done by delegates and alternates elected at the March caucuses with Clinton and Sanders delegates meeting separately in mini-caucuses and filling delegate slots with available alternates. At this stage alternates from one town may fill vacant delegate slots from another town. Representatives from the Clinton and Sanders campaign staffs will be in attendance to facilitate the process. Individuals who were not elected at the caucus, but who are supporters of one of the presidential candidates, and would like to serve as delegates or be on standby as alternates, are encouraged to attend the April 10

meeting or to communicate their interest to County Chair Cathy Newell at info@oxforddems.org. Anyone who is a registered Democrat as of March 6 is eligible to be added to the alternate pool even if they did not attend the caucus and should also communicate their interest to Newell.

The Oxford County Democrats will also hold a regular business meeting at the April 10 meeting, planning for the 2016 campaign including a Campaign Kick-off dinner on April 27 in South Paris, the convention, and the various events in spring and summer. In addition a candidate and volunteer training will take place also at Crescent Park on April 10, from 1:30 to 3:30 p.m.

For additional information on the Oxford County Democrats, visit our Facebook page at <https://www.facebook.com/OxfordCountyDems/>.



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National Donate Life Month

April marks the 13th annual National Donate Life Month, a celebration of those who have given the gift of life through organ and tissue donation.

In addition to organ donation, tissue donations help over one million individuals each year. Heart valve, bone and skin donations give recipients a new chance at a healthy life, the recovery of tendons and ligaments can help heal a severe sports injury, and cornea donations give the gift of sight.

"Currently there are over 121,000 men, women and children awaiting organ

transplants in the United States" says Laura Dempsey of New England Organ Bank. "Anyone at any age can make a powerful difference in someone's life by being a donor."

Approximately half of the U.S. adult population is registered as donors. Still, the number of people in need of transplants continues to outpace the number of donor organs. On average, 22 people die each day because the organs they need are not donated in time. To register as a donor or for more information, please visit www.DonateLifeNewEngland.org.

Maine entrepreneurs sought for TV

Greenlight Maine, the television series designed to promote the entrepreneurs of Maine, is now accepting submissions for its second season.

The series, which airs state-wide at 7:30 Saturday nights on WCSH and WLBZ, is a competition which highlights two entrepreneurs presenting their "BIG IDEA" to a panel of experts who listen, weigh in and finally decide which contestant wins the night and moves on for a chance at winning \$100,000 in cash.

Season 1, which is still airing, has already succeeded in securing \$1,250,000 in angel investments for companies that

have been discovered through the series. That, in addition to many invaluable connections, priceless advice and state-wide television exposure has created an opportunity for Maine's entrepreneurs to introduce their companies to an audience eager to see and hear what they have to offer and to angel investors anxious to invest in "the next big thing."

Information on how to submit your company for consideration can be found by visiting their Greenlight Maine Facebook page or by visiting their web site at www.greenlightmaine.com.

Church Services

ALBANY

Congregational Church - Hunts Corner, 9:30 a.m. Sunday worship and Sunday School at 9 a.m.; Pastor Laird Bean. Bible Study 6:30 p.m. Thursdays at the home of Fernand Coriveau.

ANDOVER

First Congregational Church - Linda Couture, pastor. Sunday morning worship 10 to 11 a.m. followed by brunch. All welcome. FMI: 392-3761.

Calvary Bible Church - Sunday School 9:30 a.m.; Sunday Worship 10:45 a.m.; Wednesday Prayer Meeting 6:30 p.m. 1063 South Main St. 392-1121.

BETHEL

Bethel Alliance Church-251 Walker's Mills Road, Rev. Kevin Bellinger, Senior Pastor and Nicholas Lutz, Youth Pastor. Sundays: 9 a.m. Sunday School; 10 a.m. Worship Service (Nursery care and Children's Church are available). Wednesdays: 5:30-7 p.m. High School Youth Group; Thursdays: 5-7 p.m. Middle School Youth Group. FMI: 207-824-2289.

Bethel Church of the Nazarene - 16 Church Street, Bethel. Sunday School, 9:30 (for all ages). Pastor Peter Carter. Morning Worship 10:30. Wednesday evening 6 p.m. Prayer and Bible Study. FMI, transportation or prayer please contact Elaine Carter 415-9136 or Juanita Korhonen Keene 665-2528.

Bethel Episcopal House Church - Bethel House Church meets the third Sunday of each month at 3 p.m. The location will rotate among member homes and the Intervale Meeting House, and The Rev. Nancy Moore from Christ Episcopal, Norway, leads the service and Eucharist. All are invited. FMI contact Rosemary Laban at 850-766-1241 or Christ Episcopal Church at 207-743-6782.

Roman Catholic Church of the Holy Savior, Our Lady of the Snows - 265 Walkers Mills Road (Route 26). Fr. Gregory Dube may be reached at the parish office 364-4556. Saturday Mass, 6 p.m. Announcements. FMI: 824-2933.

West Parish Congregational - Church Street. Rev. Timothy LeConey. Sundays: 10 a.m. worship and Sunday School Sept.-May. Communion first Sunday of the month. Tuesdays: 8:30 a.m., informal Prayer Group with coffee in the Chapel. All are welcome. First Wednesday of the month: 8 a.m., Mens' Breakfast Group. Entrance in rear of church. All events open to everyone. This is an open and affirming congregation. FMI: 824-2689.

United Methodist - 79 Main Street. Pastor Carol Stevens. Sunday worship service 9 a.m. FMI: 824-2027.

West Bethel Union - Morning worship and 9 a.m. Sunday School. FMI: 836-3533.

Pleasant Valley Bible - Pastor Dave Fraher. Sunday Services: Sunday School, 9 a.m.; Worship Service, 10 a.m. Ladies Bible study Tuesday, 2:30 p.m. Midweek Bible study and prayer, Wednesday 6 p.m. Awana Club Fridays 3:30 to 5 p.m. (Cubbies ages 3/4; Sparks Grades K-2; children may take bus from school). FMI: 836-2828. Visit us on our Facebook page.

Seventh Day Adventist Fellowship - Meets at the Nazarene Church on Saturdays, on Church Street in Bethel. Sabbath School 9:30 a.m.; Worship, 11 a.m. FMI: 357-7814.

EAST STONEHAM

Oxford County United Parish Churches in Stoneham and North Waterford - Services at 10 a.m. at the North Waterford Congregational Church (UCC), located on the Five Kezars Road, off Routes 35 & 37, opposite Melby's Market. (North Waterford and East Stoneham Congregational Churches will hold their joint services in the church on Route 5 in East Stoneham during May.) Services held at North Waterford through the winter months. Choir practice 9 a.m., followed by Bible Study at 9:15 a.m.

LOCKE'S MILLS

Locke-Mills Union - Pastor Sondra Withey. Sunday Morning Service and Sunday School, 9 to 10 a.m. Choir practice at the church every Friday at 6:30 p.m. Everyone is welcome. 875-3355.

NORTH WATERFORD/STONEHAM

Oxford County United Parish (North Waterford and East Stoneham) - Summer services at 9 a.m. in the North Waterford Church on Route 35 across from Melby's Eatery. On July 20 a special-and casual--church service will be held on the Fairgrounds during the Waterford World's Fair, with shuttle service available on site. In September, services will return to the East Stoneham Church, Route 5, and the regular hour of 10. All are welcome.

NORWAY/PARIS

First Church of Christ, Scientist - Sunday service 10 a.m., Wednesday Testimony service 7:30 p.m. 5 Morrill Rd/Rt. 118 (corner to Norway Country Club), Norway. Call 207-890-9944 FMI or ride.

Trinity Lutheran Church - Route 117, South Paris. Pastor Nancy Moore. Sunday morning service 11 a.m. with coffee, refreshments and good fellowship.

North Paris Federation - Morse Hill Road, North Paris. Sunday Service 8 a.m. Sing-spiration third Sunday each month alternating with West Paris Baptist Church at 7 p.m. FMI: 689-8000.

Oxford Hills Friends (Quakers) - Sunday worship 9:30 a.m. at HOPE Ripley Center, High Street, South Paris across the park from the Post Office. FMI: call Ursula Brandon at 665-2880 or Sue Reilly at 966-2012.

Christ Episcopal Church - 35 Paris St., Norway. Services Sunday at 9 a.m. and Wednesday at 9 a.m. Holy Eucharist. 743-6782; e-mail christch@megalink.net.

First Baptist Church of Paris - On the Common at the top of Paris Hill. 10:30 a.m. worship service. Sunday School at 9:30 a.m. Coffee hour follows the service. Fellowship lunch held the first Sunday of each month following worship. Pastor Ron Blake. FMI 743-2491.

St. Catherine's - Saturday 4 p.m. Vigile Mass; Sunday 8:30 a.m. Mass. FMI 743-2606.

Unitarian Universalist Church of Norway - 11 a.m. worship. (Sept. - June) Child care is provided. Religious education classes 11 a.m. to 12:15 p.m. FMI 743-2828.

GORHAM, N.H.

Assembly of God - Pastor Paul Levigen. Sunday School 9:30 a.m., Sunday service 10:30

a.m., Sunday evening service 7 p.m., Wednesday Bible Study 7 p.m. FMI: 603-466-2851.

Gorham Congregational Church - Sunday morning worship, 10 a.m. All welcome; free coffee. Communion is celebrated the first Sunday of each month. FMI: 603-466-2136.

OXFORD

St. Mary's - Saturday 4 p.m. Vigile Mass. 276 King St. Oxford.

Our Lady of Ransom: Sunday 10:30 a.m. Mass.

RUMFORD

St. Barnabas Episcopal Church - Worship Service, 9:30 a.m. Special holidays will be announced. Stone church at the rotary. 364-2193.

Roman Catholic Church of the Holy Savior, St. Athanasius and St. John - 125 Main Ave. Monday Liturgy of the word 8 a.m.; Tuesday Mass 6:30 p.m.; Wednesday Liturgy of the word 8 a.m.; Wednesday Mass 9 a.m.; Friday Mass 8 a.m.; Saturday Mass 4 p.m.; Saturday Mass 6 p.m.

Praise Assembly of God - Pastor Justin Thacker. 89 Congress St. Adult and teen Sunday school 9 a.m. Sunday worship service at 10 a.m. and 6 p.m. Wednesday night Bible study 6:45 p.m. FMI: 364-3856.

RUMFORD POINT

Rumford Point Church - Sunday service, 8:30 a.m., followed by coffee and refreshments.

SUMNER

East Sumner Congregational - Linda Kimball, pastor. Sunday service, 9 a.m. 207-388-2610.

WEST PARIS

First Universalist Church-208 Main St., W. Paris, 9 a.m. services September to June. FMI: Bob Clifford 674-3442.

West Paris Baptist - 15 Church St. Sunday Worship-9:45 a.m.; Sunday School- 11 a.m.; Word of Life Youth- 6 p.m. Word of Life Olympians (kids club) -6 p.m. Wednesday. Ladies' Bible Study- Monday, 6:30 p.m. Food pantry for West Paris residents, first and third Tuesdays of month, 1-3 p.m. Pastor Scott Randolph, 376-6854.

Mission Congregational Church - Wallace Farnum, pastor. Sunday Worship 8:30 a.

WOODSTOCK

Bryant Pond Baptist - Pastor Matt Jones, Sundays: Sunday School 9:15 a.m.; Morning Worship 10:30 a.m.; Evening Service 6 p.m.; Mid-week Service Wednesdays, 6:30 p.m.

Woodstock Seventh day Adventist - Woodstock Seventh day Adventist - Pastor Greg Carlson. Saturday services: 9:30 a.m. Sabbath school. 11 a.m. worship service. 25 Perkins Valley Rd., Bryant Pond 04219. FMI: www.woodstockchurch.com

Pinhook Meeting House (Rt. 232, North Woodstock) - Hymn Sing, last Friday of each month, 7 p.m. All welcome.

Mahoosuc Mountain Friends - a worship group meeting in the unprogrammed tradition of Friends (Quakers) - Sundays, 9:30 a.m. at the Whitman Memorial Library, Bryant Pond. Newcomers welcome. FMI: 824-8669.

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COMMUNITY CALENDAR

District Exchange; Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4 p.m., Thursday 4 to 6 p.m., Saturday, 10 a.m. to 12 noon. Donations of gently-used clothing only accepted during open hours – No exceptions. FMI: 824-4090. Clothing may also be left at Northeast Bank, Main Street, Bethel Monday through Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday 9 a.m. to 5 p.m.; and Saturday 9 a.m. to 12 noon.

Bethel Area Food Pantry; serving the residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton and Woodstock. The Food Pantry is open on the second Monday of each month from noon to 8 p.m. Anyone in need of food should come during those hours, without appointment. The Food pantry is located in the basement of the Nazarene Church, 16 Church Street, Bethel, by the side entrance on Park Street. Donations for the Bethel Food Pantry should be left on the porch at 57 Elm Street. Contact Dave Bean at beand@gouldacademy.org or 824-0369 with any questions.

Thursday, April 7

Social Hour; 2 p.m., Whitman Memorial Library, Bryant Pond. Bring your own games or participate in the popular coloring fad. Coloring supplies will be provided. Cards and a cribbage board will be available. There is no charge and light refreshments will be served. Come and welcome spring by visiting with friends.

Fraud and Scams: How to Protect Yourself; 2 to 4 p.m., Andover Town Hall. A free workshop presented by SeniorsPlus. FMI: 1-800-427-1241.

Move it or Lose it; 4:30 to 6:30 p.m., Bethel Congregational Church, 32 Church Street, Bethel. "Move it or Lose it," a lively audience participation program with different types and ways to exercise, will be presented by To Your Health of Western Mountains Senior College (WMSC). Audience members will learn from local experts about the benefits of several different ways to exercise and will be invited to join the fun of trying these methods. Participants include: Betsey Foster, Tai Chi; Zumba for all ages, Patti Truman; and Chair Yoga with Karen Swanson. Dr. Catherine Swanson will add her thoughts on the importance of fitness. The program is sponsored by To Your Health of WMSC with the collaboration of Bethel Family Health Center and MSAD 44/Continuing Education. Public invited. Free admission. Light refreshments. FMI call 824-2053.

Home Buyers' Workshop; 7 to 9 p.m., Telstar High School. This course is to help answer questions you may have regarding the home buying process. Joyce Pereira and Claire Carver of Mahoosuc Realty and Shelley Kennagh from The Mortgage Network will host this course. We'll discuss the differences between customers and clients, outline home inspections and the role they play in the process, and cover some of the many lending programs available. We will highlight what to expect along the way to home ownership. FMI: 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

NAMI Maine Family to Family Course; This is the first in a course series that will run each Thursday through June 23. It is FREE and is an educational program for families, friends and caregivers of persons living with mental illness. It is taught by NAMI trained teachers who also have lived experience with these mental diseases. FMI/Registration: namimaine.org or 1-800-464-5767.

Friday, April 8

Alder River Grange 145 Potluck/Meeting; 6 p.m. potluck supper followed by a 7 p.m. meeting at the Grange Hall.

Saturday, April 9

Smile Fund Yard Sale; 9 a.m. to 1 p.m., West Parish Congregational Church, Church Street, Bethel. Proceeds benefit adults who need dentures and are seeking work. Items may be dropped off at the church any time after Easter (March 27). Contact Jane Chandler (357-3524) for more information.

Indoor Yard Sale; 9 a.m. to 2 p.m., American Legion Post 72, Church Street, South Paris. The lunch counter will be open and 50/50 tickets will be for sale. Come join the

fun and help the Ladies' Auxiliary send three young girls to Girls' State.

Oxford Hills Honey Bee Club Workshop; 1 p.m., Oxford County Extension Center, 9 Olson Road, South Paris. Topic: How to run a two-way queen system. Presented by: Paul Szott. Public is welcome. FMI: Christopher (cpeaston@megalink.net) or mainehoneybees.com.

Woodstock Historical Society Hike; 3 p.m. The public is welcome to join members of the Woodstock Historical Society for a short hike to view the site of the old granite quarry. Participants will meet at Ed Howe's home at 3 Old County Road in Bryant Pond.

Woodstock Historical Society Meeting; 6 p.m. at the museum building on Main Street. Following the meeting, there will be a short program on the history of the granite quarry. All are welcome to attend.

Swingin' Bears Square Dance; 7 to 10 p.m., Oxford Hills Middle School, 100 Pine Street, South Paris. Kip and Linda Moulton will be calling and cuing for the evening. Door prizes, 50/50 drawing. \$7 per person (non-dancers welcome at no charge). FMI: Carla or Paul (892-6971), Eleanor (782-4050) or visit swinginbears.squaredanceme.us.

Sunday, April 10

Longaberger Basket Bingo; 12:30 p.m. (doors open at 11 a.m.), Norway Legion Hall, Main Street, Norway. Play bingo for wonderful prizes arrayed in beautiful Longaberger baskets. There will be 16 games of bingo plus two cover-all games, lots of door prizes and additional raffles. Food and beverages will be available for purchase. Proceeds benefit Responsible Pet Care of Oxford Hills.

Oxford County Democrats Meeting; 1:30 p.m. social time followed by a 2 p.m. meeting at Crescent Park School, Bethel. The major purpose of this meeting is to fill available slots for the May 6-7 Democratic State Convention in Portland. FMI: info@oxforddems.org or <https://www.facebook.com/OxfordCountyDems/>.

Monday, April 11

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

Crescent Park School Concert; 6 p.m. Grades 4 and 5, band and chorus.

Tuesday, April 12

Introduction to Self-Employment; 1 to 3 p.m., Telstar High School. This one session workshop will help you decide if self-employment is the right choice for you. The class covers entrepreneurship, the pros and cons of owning your own business, ways to manage risk, the major elements of a business plan, the important financial pieces, the important steps needed for start-up and the many resources available to help you succeed. Instructor: Karleen Andrews from New Ventures Maine. FMI: 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

MLT: Mr. Timberdoodle's Sky Dance; 6:45 p.m. on the Valentine Farm Property, 162 North Road (0.8 miles from Route 2 in Bethel). Recently retired National Park Service Naturalist Paul Motts will show the mating spectacle of the American Woodcock as it spirals 300 feet into the sky then makes a series of dives to impress a mate. A small flashlight is recommended and it is best to wear warm, dark clothing. All ages are welcome. Preregistration is requested. FMI/registration: Annie (824-3806) or www.mahoosuc.org.

Wednesday, April 13

Bethel Senior Citizens Luncheon/Meeting; 11 a.m., Rooster's Roadhouse, Bethel. Menu: Teriyaki chicken or baked ham (\$13 per person). Reservations must be made before April 1 by calling Arlene Lowell at 824-2877 with your choice. Seating is limited.

Crescent Park School Concert; 6 p.m. Grades K-3.

Trout Unlimited's Fly Fishing 101; 7 p.m., First Congregational Church, 17 East Main Street, South Paris. If you are inter-

ested in learning to fly fish or want to get better at fly fishing, this event is for you. The presentation is free and open to both Trout Unlimited members and non-members.

Thursday, April 14

BANC Bash; The Gem Theater, Cross Street, Bethel. The event kicks-off with a workshop from 3 to 5 p.m. presented by Sara Shifrin, Director of the Gould IDEAS Center. Following the workshop will be a social hour sponsored by Tumbledown Brewing Company and several local nonprofit organizations from BANC. Enjoy free beer and other refreshments while learning about these fantastic community groups. At 6 p.m. is a showing of the film, Tumbledown, followed by a Q&A with the film directors who are from Maine. \$8 for workshop only or film only, \$12 for both. FMI/Tickets: Amy Scott (357-3189 or amyscott@bethelmaine-nonprofits.org) or <http://the-gem-movies-art.myshopify.com/>.

Saturday, April 16

Hope Association Scrapbooking/Crafting Day; 7 a.m. to 10 p.m. silent auctions, swap table, 50/50. Tables are \$30 each. Breakfast and a healthy lunch included. Dinner is on your own. Electricity and internet connections will be available. Please call Tammy Roberts at 364-4561 for registration form or for more information. Registration deadline is April 4, 2016.

Texas Hold'em Tournament; doors open at 11 a.m., games begin at noon, Jackson Silver Post 68, American Legion, 595 Gore Road, Locke's Mills. \$50 buy-in, \$5 license, high hand option. 50/50, meals and beverages available. BYOB.

Sunday, April 17

Finnish American Heritage Society Meeting/Potluck; 1 p.m., FinnAm Hall, Maple Street, West Paris.

8th Annual Earth Day Peace Concert; 2 p.m., First Universalist Church of Norway, 479 Main Street, Norway. Featuring performances by Heather Pierson, Mary Hargreaves, Davy Sturtevant, Nate Towne and the Norway UU Choir. Admission: \$5 at the door. There will be a collection of non-perishable food items taken for the Oxford Hills Food Pantry. FMI: 743-2828 or heatherpierson.com.

April 22 and 23

Wilderness First Aid Course; at Mahoosuc Mountain Lodge in Newry taught by Jon Tierney of Wilderness Medical Associates. FMI: 824-2073.

April 22, 23 and 24

Wilderness First Responder Refresher and Open Recert Course; at Mahoosuc Mountain Lodge in Newry taught by Jon Tierney of Wilderness Medical Associates. FMI: 824-2073.

Monday, April 25

Essentials of College Planning for adults 19 and over; 10 a.m., Western Maine University and Community College Center, South Paris. FMI/Registration: 1-800-281-3703 or <http://meoc.maine.edu>. Free and open to the public.

Tuesday, April 26

Medicare 101; 6 to 7:30, Telstar High School. New to Medicare? Already on Medicare? Going on Medicare in the near future? Learn the basics and timelines of this complex system, ways to save money and more. Instructor: Al Daniels from SeniorsPlus. FMI: 824-2136 ext. 1340 or <http://sad44.maineadulted.org>.

Wednesday, April 27

Community Supper (No Charge); 4:30 to 6 p.m., Bethel Alliance Church, 251 Walkers Mills Road (across from the Telstar parking lot). Call 207-824-2289 for more information.

Saturday, May 7

Old Fashioned Barn Dance; Mahoosuc Mountain Lodge, North Newry. Potluck supper (bring a dish to share) at 5:30, concert at 7 p.m. and dance at 8 p.m. with musicians Ellen, Molly and Edith Gawler. 50/50 raffle. Cost is \$10, ½ price for children under 16. FMI: 824-2073.

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Puzzles4Kids

CODED RIDDLE

by Helene Hovanec

Change each letter to the one that comes immediately BEFORE it in the alphabet to find a riddle and its answer.

Here's a copy of the alphabet to guide you:

ABCDEFGHIJKLMNOPQRSTUVWXYZ

XIFO EP NPOLFZT GBMM

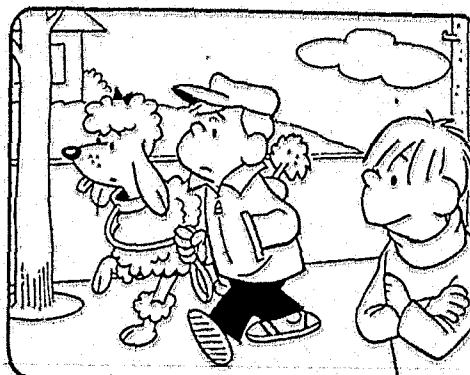
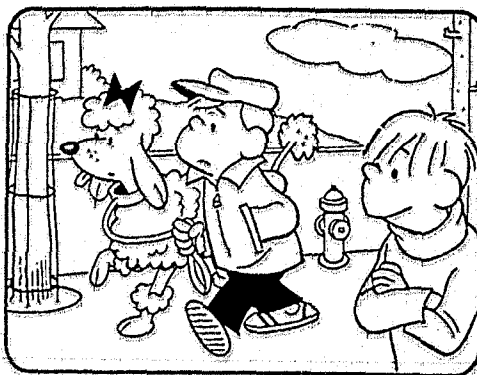
GSPN UIF TLZ? EVSJOH

BQF - SJM TIPXFST.

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences:
1. Tree guard is missing. 2. Dog's bow is smaller. 3. Dog's tail is shorter. 4. Cloud is different. 5. Fire hydrant is missing. 6. Crossed arms are switched.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals T

UGWFVO WGBY YEGW, DFOYQ C

JGVKY EP OCB BQCQFEV

CQQMVUCVQB JM FV TGDTMW-QE

-TGDTMW QWCPPFK?

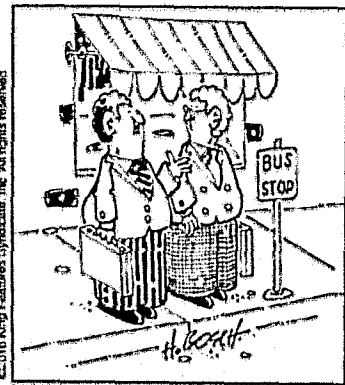
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SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Leave
SINGER
Dispute
BEATED
Sense
SONARE
Simple
VAINE

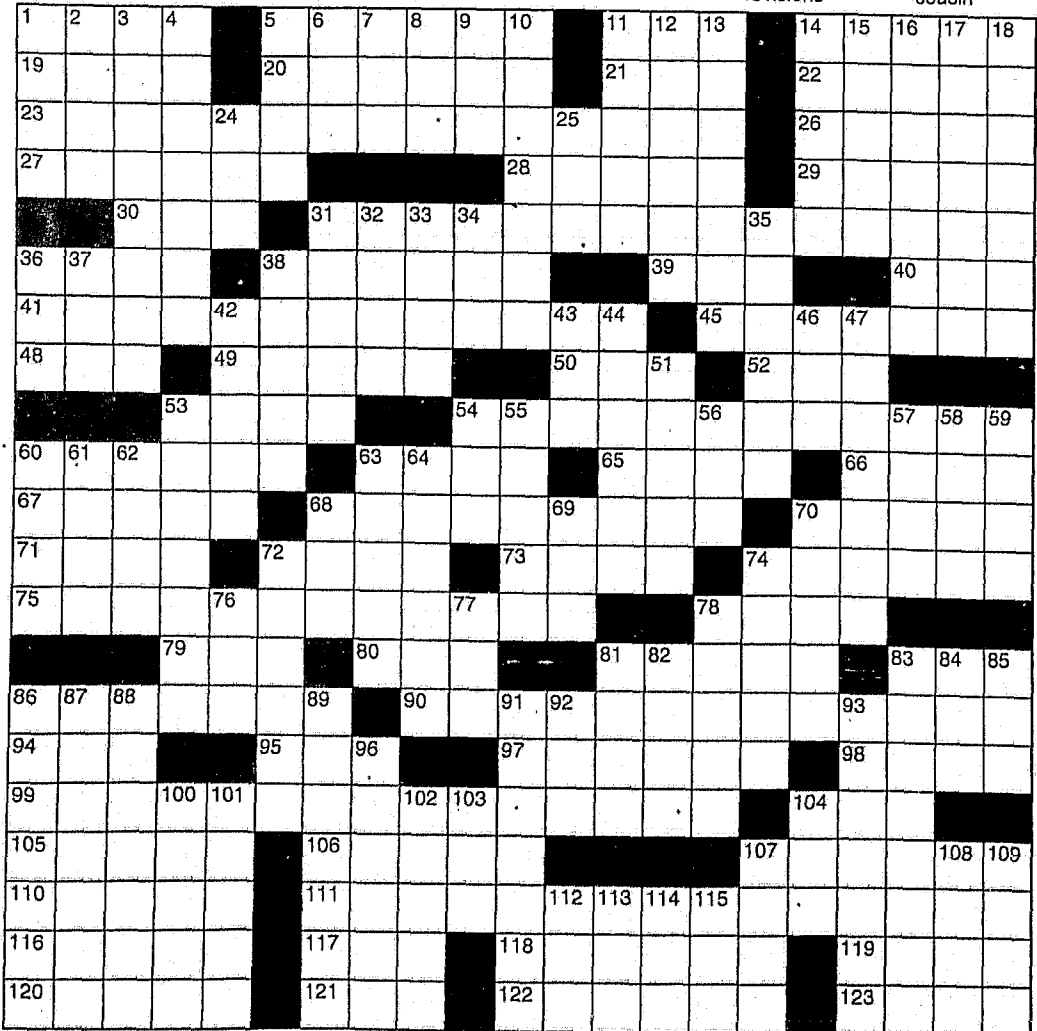
TODAY'S WORD



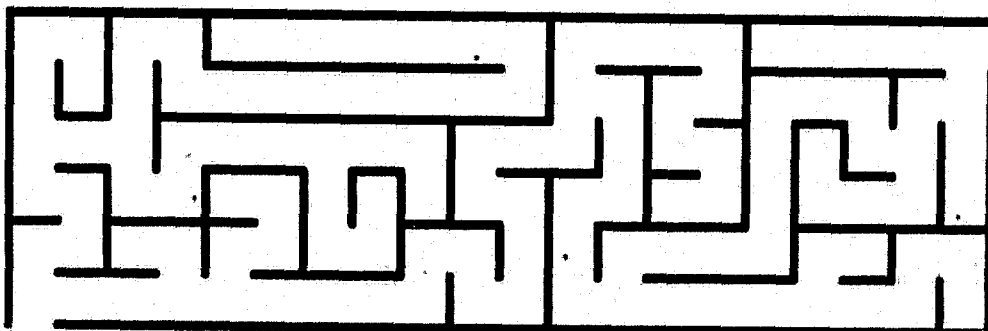
"Ya know what kills me? My wife made more at _____ last year than I did in the stock market!"

Super Crossword GOLD-TRIMMED

- ACROSS**
- 1 In boots, e.g.
 - 5 Accident
 - 11 Leaf-cutting little colonist
 - 14 Land (assist)
 - 19 Roof border
 - 20 Pungent yellow cheese
 - 21 Corp. leader
 - 22 Go-kart, say
 - 23 Nickname for a really strong novelist?
 - 26 The Carolinas, e.g., in Caen
 - 27 Wings for women
 - 28 Many a flower girl
 - 29 Fen plant
 - 30 Wilhelm's "the"
 - 31 Return to get H.G. Wells' title Dr.?
 - 36 Eschew
 - 38 Topped party appetizer
 - 39 "won't!"
 - 40 Prefix with 81-Across or 31-Down
 - 41 British poet as a young badge earner?
 - 45 "The Streak" singer Ray
 - 48 "— a living"
 - 49 Company IDs
 - 50 Arthur of old TV
 - 52 Sister record co. of Virgin
 - 53 Nudge
 - 54 Neoprene produced at an Alabama university?
 - 60 Italicize, e.g.
 - 63 Whitman or Disney
 - 65 Some HDTVs
 - 66 Singular
 - 67 Chicago airport
 - 68 Baby kangaroo living on a Pacific island nation?
 - 70 "Friday the 13th" villain
 - 71 Ariel is one
 - 72 Potter's dirt
 - 73 Shred up
 - 74 Most darling
 - 75 Very breezy summer month?
 - 78 Jay replaced by Jimmy Fallon
 - 79 Greek letter
 - 80 Min. fraction
 - 81 Handed out playing cards
 - 83 Item in a nest
 - 86 Dunce
 - 90 Convertible carriage used to transport popes?
 - 94 Suffix in sugar names
 - 95 Give support
 - 97 Port in Italy
 - 98 Greasy
 - 99 Boyfriend who's always upbeat?
 - 104 — -rock (music style)
 - 105 Hebrew letters after alephs
 - 106 Exit opposite
 - 107 Pilot planes
 - 110 Opinions offered
 - 111 Singer Gene who should never be forgotten?
 - 116 Black, in Bordeaux
 - 117 Blvd. or rd.
 - 118 Limited release?
 - 119 — Sous-le-Vent (the Leewards)
 - 120 Affirm
 - 121 Cold War-era state: Abbr.
 - 122 Train base
 - 123 Safari shelter
 - 1 Late-night host Meyers
 - 2 "How funny!"
 - 3 Adds vocals to, maybe
 - 4 Denigrates
 - 5 Cosmo, O and GQ
 - 6 Suffix with fool
 - 7 Grab a chair
 - 8 Stable feed
 - 9 Turkish title
 - 10 Attacked like a lion
 - 11 "The Mind of —" (PBS cooking series)
 - 12 Former liberal, briefly
 - 13 Many "Ole!" recipients
 - 14 "Am not!" rejoinder
 - 15 Spiteful sort
 - 16 College life
 - 17 Final profit
 - 18 Creator of the Lorax
 - 24 Private AOL exchanges
 - 25 "— Tok" (Kesha hit)
 - 31 Estimate
 - 32 Not falling for
 - 33 Ovine calls
 - 34 Springfield storekeeper
 - 35 Bishops' hats
 - 36 — -fi film
 - 37 Crude home
 - 38 Diner hires
 - 42 Almost there
 - 43 Dwindle
 - 44 Axon's place
 - 46 Aussie bird
 - 47 Tremolo's kin
 - 51 Bowed
 - 53 Fluster
 - 54 Resembling
 - 55 One-eighty
 - 56 Con's vote
 - 57 Groundwork
 - 58 Greek Cupid
 - 59 Pay to live at
 - 60 Large couch
 - 61 What you used to be?
 - 62 Bonged
 - 63 Ragamuffins
 - 64 100% wrong
 - 68 — -bah
 - 69 Pa Clampett of TV
 - 70 Interim ruling group
 - 72 11th-cen. king of Norway
 - 74 Prison parts
 - 76 Mu — shrimp
 - 77 Wilhelm's "I" for
 - 78 Cake tier
 - 81 Dunce
 - 82 Allure rival
 - 83 Fit to print, after revisions
 - 84 Missy
 - 85 84-Down's counterpart
 - 86 Working farm horses
 - 87 "It's finally clear to me"
 - 88 Pork-filled pastry, e.g.
 - 89 Rabbit head features
 - 91 Put in cipher
 - 92 "I knew it!"
 - 93 Absence of restriction
 - 96 Krispy Kreme inventory
 - 100 One of Kirk's lieutenants
 - 101 Blender brand
 - 102 Ferret's kin
 - 103 Wilhelm's "the"
 - 104 Parade place: Abbr.
 - 107 City in Iowa
 - 108 Driving exam taker, often
 - 109 Lead-in to "while"
 - 112 Road topper
 - 113 "... Mac — PC?"
 - 114 Fabled filler
 - 115 Reindeer cousin



Kids' Maze

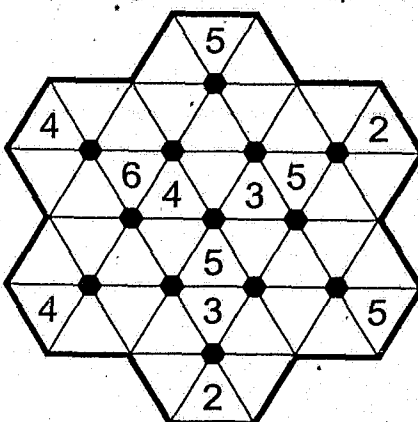


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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.

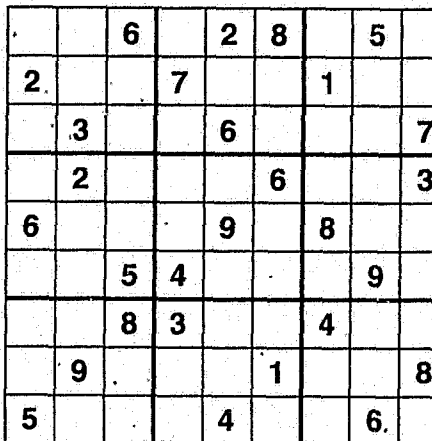


DIFFICULTY THIS WEEK: ♦♦♦♦♦
♦ Easy ♦♦ Medium ♦♦♦♦♦ Difficult

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★ ★★

★ Moderate ★★ Challenging

★★★ HOO BOY!

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Kids' Maze Solution

During rush hour, might a bunch of gas station attendees be in bumper-to-bumper traffic?

CryptoQuip

BINGO

Today's Word

1. Reason; 2. Debate; 3. Resign; 4. Naive

During rush hour, might a bunch of gas station attendees be in bumper-to-bumper traffic?

SCRAMBLERS

Today's Word

1. Reason; 2. Debate; 3. Resign; 4. Naive

During rush hour, might a bunch of gas station attendees be in bumper-to-bumper traffic?

CryptoQuip

Today's Word

1. Reason; 2. Debate; 3. Resign; 4. Naive

During rush hour, might a bunch of gas station attendees be in bumper-to-bumper traffic?

SCRAMBLERS

Today's Word

1. Reason; 2. Debate; 3. Resign; 4. Naive

During rush hour, might a bunch of gas station attendees be in bumper-to-bumper traffic?

CryptoQuip

Today's Word

1. Reason; 2. Debate; 3. Resign; 4. Naive

During rush hour, might a bunch of gas station attendees be in bumper-to-bumper traffic?

SCRAMBLERS

Today's Word

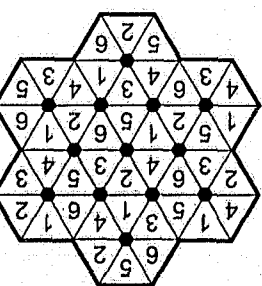
1. Reason; 2. Debate; 3. Resign; 4. Naive

During rush hour, might a bunch of gas station attendees be in bumper-to-bumper traffic?

When do monkeys fall from the sky?

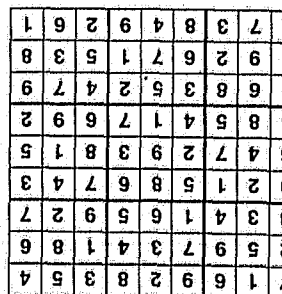
Answer

Puzzles4Kids



SNOWFLAKES

solution



Weekly SUDOKU

Answers:

A
P
R

7

2
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1
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Regular meetings and support services

MUNICIPAL

Bethel Selectmen: Second Monday of the month, 7 p.m., Town Office.

Bethel Planning Board: Second and fourth Wednesdays of the month, 6 p.m., Town Office.

Bethel Water District: Third Tuesday of the month, 7 p.m., Town Office.

Gilead Selectmen: Second Wednesdays of the month, 6 p.m., Town Office

Gilead Planning Board: First Thursdays of the month, 7 p.m., Town Office.

Greenwood Selectmen: First and third Tuesdays of the month, 5 p.m., Town Office.

Hanover Selectmen: Third Tuesday of the month, 6 p.m. unless otherwise posted.

Hanover Planning Board: First Wednesday, 6 p.m.

Newry Selectmen: First and third Tuesdays of the month, 5 p.m., Town Office.

Newry Planning Board: First and third Wednesdays of the month, 7 p.m., Town Office.

Woodstock Selectmen: First and third Tuesdays, 5 p.m., Town Office.

Woodstock Planning Board: First and third Tuesdays, 7 p.m., Town Office

SAD 44 School Board: Second and/or fourth Monday of the month, 6:30 p.m., Telstar High School (occasionally meet at other schools; call 824-2185 for info or go to http://www.sad44.org/pages/MSAD_44_Bethel/School_Board).

ORGANIZATIONS

Andover

Mondays and Tuesdays, 4:30 p.m.: Andover Fitness Club, Andover Elementary School gym.

Bethel

First Sunday of month, 7 p.m.: Bethel Snow Twisters at 208 Walkers Mills Rd.

Third Sunday of each month, 9 a.m.: Breakfast open to the public at no charge at Bethel Church of the Nazarene.

Wednesdays, Yoga Classes with Yogamoto. Classes are held at 4:15 p.m. and 5:30 p.m. (no class Nov. 25) at the United Methodist Church Annex at 75 Main Street. Yogamoto is a donation-based nonprofit yoga practice. You pay what you can - suggested donation is \$5-\$15. Classes are one hour vinyasa flow and suitable to all skill levels. Proceeds are donated to local education. Private classes also available. FMI: www.yogamoto.com (207)200-3815 info@yogamoto.com

Last Wednesday of the month, 4:30 to 6 p.m.: Community Supper at Bethel Alliance Church. No charge. FMI: 207-824-2289.

Thursdays, 10 to 11 a.m.: Story Time for Children at Bethel Library (story plus craft) with participating mothers. October thru April. FMI: call 824-2520.

Second Thursday of the month, 10:30 a.m. to 12:30 p.m.; fourth Thursday, 10 a.m. to 2 p.m. Cross Country Quilters of Pine Tree Quilt Guild of Maine meet at the Alliance Church on Route 26 in Bethel. All quilters welcome. FMI: e-mail Pat McCartney at p_quilts@yahoo.com or call 836-3575.

Third Thursday, Maine Mineral & Gem Museum holds Third Thursdays Tours & Talks. Winter months' feature presentations held in the Museum Store and Preview Gallery from 3-4:30 p.m. Summer months' feature tours at renowned regional geological sites. Summer times vary depending on tour location; check MMGM's website www.mainemineralgemmuseum.org and its newsletter calendar.

Saturdays; Yoga Classes with Yogamoto. Classes are held at 8am and 9:30am at the United Methodist Church Annex at 75 Main Street. Yogamoto is a donation-based nonprofit yoga practice. You pay what you

can - suggested donation is \$5-\$15. Classes are one hour vinyasa flow and suitable to all skill levels. Proceeds are donated to local education. Private classes also available. FMI: www.yogamoto.com (207)200-3815 info@yogamoto.com

Rumford

Fourth Thursday of the month, 5:30-7 p.m.; Rumford Public Library Friends 4th Thursday Poetry Group.

Woodstock

Second Saturday of month, 6 p.m.: Woodstock Historical Society meeting at the museum.

Norway

Wednesdays: Beginner Fly Tying Classes; 5:30-7:30 p.m. in the Teen Rec Room of the Norway Public Library weekly on Wednesdays through March 30. Presented by the Cancer Resource Center of Western Maine and the Mollyocket Chapter of Trout Unlimited. Classes are free and all fly tying tools and materials are provided. Each session is stand alone so anyone interested can attend any or all sessions.

Third Wednesday of the month: Women's Imaging Center, Stephens Memorial Hospital, Norway, offering professional prosthetic and bra fittings for women on For appointment call 743-5993 Ext. 6851.

Second Thursday of the month, 9:30 to 11:30 a.m.: at the Harper Conference Center, Ripley Medical Office Building, 193 Main Street, Norway. Staying on Your Feet, a free one-time course for adults aged 60 and over. Course includes balance screening, blood pressure check, leg-strength measurement, and education on staying fit.

Fridays 9:15 a.m.: Oxford Hills Duplicate Bridge, Norway. For more information, call Les Buzzell at 783-4153 or 754-9153; or e-mail: buzzl116@myfairpoint.net.

Hebron

Sundays 2:30 to 4:30 p.m.: Seasonal Public Skating, Robinson Arena, Hebron. Adults, \$3/Children 12 and under, \$2/WinterKids Passport holders, free. FMI: 966-2100.

SUPPORT SERVICES

SAFE Voices

24-hour hotline: 1-800-559-2927. Safe Voices serves all of Oxford County and provides emergency shelter, court advocacy and support groups with child care. Rumford office 369-0750; Norway office 743-5806.

AA meetings

Bethel Freedom Group: At United Methodist Church (Main Street, Bethel): Big Book Meeting Sundays at 6 p.m. 12 Step/Traditions Meeting; Tuesdays at 6 p.m. Candlelight Discussion Meeting Fridays at 6 p.m.

Cancer Support

Northern Vista at Home Senior Care offers a free shuttle service to those going to re-occurring chemo or radiation appointments at St. Mary's or Central Maine Medical Center in Lewiston. To schedule a ride call Gerry McCann, director at 207-836-2173.

Every Thursday, 1:30 to 3 p.m.: Rumford Hospital, Room 357. (877) 336-7287. Support and Education for cancer patients, survivors and caregivers. Call to confirm in stormy weather.

Exchanges/Pantries

Clothing Exchange: Bethel Park, 23 Mason Street, Bethel. Hours: Monday 1 to 4, Thursday 4 to 6, Saturday, 10 to 12. Donations of gently-used clothing only accepted during open hours. No exceptions. 824-4090. Clothing may also be dropped off at Northeast Bank on Main Street.

Bethel Food Pantry: serves residents of Albany, Andover, Bethel, East Bethel, West Bethel, Bryant Pond, Gilead, Greenwood, Hanover, Locke's Mills, Mason Township, Newry, Upton, and Woodstock. The Food Pantry is open on the second Monday of each month from noon until 8 p.m. Anyone who needs food should come during those hours, without appointment. The Food Pantry is located in the basement of the Nazarene Church, 16 Church Street in Bethel by the side entrance

on Park Street. (Donations should be left on porch at 57 Elm Street. Questions, contact Dave Bean at beand@gouldacademy.org or 207-824-0369.)

Help for the Homeless

Rumford Group Homes, Inc.: operates three homeless shelters, a Maternity Group Home program for homeless pregnant and parenting youth ages 18-21 and Case Management services. Emergency shelter services include the South Paris Men's Shelter, the Norway Family Center for women and their children and the Rumford Family Center for homeless families. To make a referral or to request assistance, please call 743-6363 in the Norway area or 369-9439 in the Rumford area Monday through Friday from 9 a.m.-5 p.m. For more information about Rumford Group Homes, Inc., call 364-3551 or visit www.rumfordgrouphomes.org.

Lyme Disease

First Wednesday of the month, 6:30-8 p.m.: Lyme Disease Support & Education Group at Beacon House Peer Center, 3 Canal St. Rumford. FMI: 357-1926 or 824-3076.

Mental illness

Beacon House Social Club: 150 Congress Street, Rumford, a drop-in social club for adults suffering with mental, emotional, or physical illness, provides support, relaxation, and socialization. Monday 1 to 5 p.m.; Tuesday 9 a.m. to 2 p.m.; Wednesday 9 a.m. to 8 p.m.; Wednesday 3 to 8 p.m.; Friday 2 to 7 p.m.; Saturday 11 a.m. to 4 p.m. Oxford County Mental Health Services, support for adults and children with mental illness, same location, second floor, open Monday-Friday 8 a.m. to 4 p.m. For more information, call 364-3549 or (800) 335-9999, or in off-hours 928-3222.

Veterans' Services

Maine Veterans Home, S. Paris: Veterans' Advocate visits first and third Wednesday each month, 9-12 noon (743-6300); Rumford 9 to 12 noon second Thursday at VA Clinic at 431 Franklin St. (369-3272). Maine Veterans' Services is located at 29 Westminster St., Lewiston (783-5306). (No visits in July)

Multiple services

Community Concepts: provides Oxford County Head Start, childcare, free rides to Maine Care appointments, subsidized apartments (Bethel, Brownfield, Fryeburg, Norway, Rumford, South Paris), affordable home-ownership opportunities, homeless shelter and assistance with home heating or weatherizing. FMI: call (800) 866-5588 or visit www.community-concepts.org.

Alzheimer's Support Group: meets the 3rd Wednesday of every month from 6 to 7:30 p.m. at the Rumford Community Home located at 11 John F. Kennedy Lane. All are welcome. For more information call Sue Ellen Richardson, Social Service Director or Terry Drury, Residential Director at 364-7863.

Brain injury support

Brain Injury Support Group: for individuals with brain injuries and their families. West Side NeuroRehab, 618 Main St., Lewiston. First Monday of the month, 6 to 8 p.m. FMI: Deb Hammer 795-6110.

LIBRARY HOURS

Andover Library: Tuesday, Wednesday, and Saturday 1 to 4:30 pm; Thursday 1 to 4:30 & 6 to 8 p.m. Tel: 392-4841.

Bethel Library: Monday 9 to 1; Tuesday 1-5; Wednesday 1 to 8; Thursday & Friday 1 to 5 Saturday, 9 to 1. Story Hour Thursdays, 9 to 10 a.m., October to May. Tel: 824-2520.

Whitman Memorial Library, Bryant Pond: Tel: 665-2505. Tuesday and Thursday, 1 to 5 p.m.

West Paris Library, West Paris: Monday 1:30 to 6; Wednesday 1:30 to 7; Friday 1:30 to 6; Saturday 10 to 2. Patty Makley, Librarian. Tel: 674-2004

Gardner Roberts Memorial Library, Hanover: Wednesday, 9 to 3; Thursday, 5 to 8; Saturday, 9 to noon.

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Classifieds

FOR SALE

FOR SALE: BEDROOM SET: Double maple bed frame, Tempurpedic mattress, 2 maple night stands, tall maple dresser chest, 5 shelf open bookcase, enclosed cabinet with some open shelves, TV, and a leather recliner. 418-8147

FOR SALE: Side mirrors off a GMC pickup, \$30/pair. New roof ladder support hooks, \$50. Ryobi 10-inch table saw, new condition, used few times, has all accessories, \$100. 824-3348, Bethel.

FREE FOR THE TAKING: Love seat, brown and tan plaid, good condition. Call 824-2483.

TRUCK CAP FOR SALE: Fits 2005-2015 6-foot bed Toyota Tacoma. White, has sliding front and side windows w/lock, int. light, roof rack. \$550 firm. 665-2429

MAINE SCHOOL ADMINISTRATIVE DISTRICT #44

Superintendent's Office,
One Parkway Suite 204,
Bethel, ME 04217

VACANCY

SECRETARY
For Special Education,
Curriculum
& Special Projects
Central Office
Full Year Position

Applicants must have valid Maine Approval License (CHRC) for the position. Position will be filled when qualified candidate is identified. If interested in the above position, please submit an application form (available at www.sad44.org), letter and supporting documents to the MSAD #44 Superintendent's Office, One Parkway Suite 204, Bethel, ME 04217. E.O.E.

Experienced Line Cook Needed for Breakfast and Lunch shifts.

Applications
Available at the
Front Desk



151 Main St.
Bethel, ME 04217

WANTED

Antiques/collectibles: Estate/one item. FREE estimates. Call Mike or Louanne RUMFORD CENTER ANTIQUES, INN AND AUCTIONS. 1384 RT. 2 Rumford Center, (207) 357-5951, or thibbs53@gmail.com

HELP WANTED

CLEANING PERSON NEEDED for Camp Encore-Coda in Sweden. Late June through mid August. 15-20 hours per week, mornings. For more information please contact James Saltman at 617-325-1541 or jamie@encore-coda.com

DRIVERS: CDL-A 1 yr. exp., Earn \$1,250+ per week, great weekend. Hometime, excellent benefits and bonuses, 100% no touch/70% D&H. 888-406-9046

FOOD SERVICE HELPERS AND DISHWASHERS NEEDED for Camp Encore-Coda in Sweden. Full time, Mid June through mid August. Contact Ellen Donohue-Saltman at 617-325-1541 or ellen@encore-coda.com

HELP WANTED: One day a week, male or female, age 17 and older for odd jobs. Call evenings: 207-357-3441.

TRUCK DRIVERS: CDL qualified required. Contact Coleman Concrete at 603-447-5936 ext. 307.

SERVICES

BENNETT'S UPHOLSTERY - Home and office furniture, antique and modern. Call for free estimates, quality workmanship at very reasonable prices. 824-2336

REAL ESTATE

CHOICE HOMESITES WITH MOUNTAIN VIEWS and/or among tall pines in Bethel, Norway, Harrison, Ted Chadbourne, 207-829-6384 or e-mail: ted.chadbourne@gmail.com

GREAT VIEW LOT for a remote seasonal getaway near thousands of acres of timberland, hidden ponds, and hiking trails. Owner financing available. www.remotelandinmaine.com 207-653-9955

MT. ABRAM BUILDING LOT FOR SALE. Ready to build on Howe Hill Road. Asking \$18,000. Call 207-450-5752.

RETIREMENT SETTINGS with paved roads and reasonable protective covenants. Many of these lots have great views. Owner financing offered. 3 locations. www.retirementlandinmaine.com 207-653-9955

FOR RENT

3 BEDROOM APARTMENT, located at 171 Main Street, Bethel. Available April 1. Large kitchen, dishwasher, washer/dryer hookup, immaculate. No smoking, no pets. 824-4836.

AVAILABLE NOW: BETHEL VILLAGE: Cozy 3-bedroom ski house. Professional persons/family up to 4. Fully furnished, great location on Mountain Explorer route. 207-824-2340 (seasonal or monthly)

BETHEL DUPLEX: 2 bedrooms, loft on third level. Full bath, Jacuzzi, fireplace, garage, 2 decks, views, washer/dryer, dishwasher, electric and heat included. \$850. 603-552-3295, cell 603-247-2061.

BRYANT POND: Spacious 3 bedroom apartment, hardwood & vinyl floors, dishwasher, porch, no pets, non-smoking building, \$850/month

includes heat, hot water, trash, snow removal. 665-2265

FOR RENT: Furnished, heated 1 bedroom apartment in Hanover. 5 minutes from Sunday River Ski Resort. No smoking, no pets. 824-3342.

FOR RENT: TWO 2nd FLOOR APARTMENTS in town Bethel. Available April 1st. Seasonal or long-term. Good pets welcome. Non-smoking building. 824-2336 or 824-2362.

Large 3rd floor, one bedroom, apartment located on Main Street in Bethel. \$675/month includes heat and electricity. No pets or smoking allowed. Call 824-3200.

mason st., BETHEL, MAINE: 1 & 3 BEDROOM furnished apartments. Available immediately. Includes parking, trash, and heat. Rate depends on length of lease. Storage rental also available. Call Pat: 207-824-8060

WEST PARIS: 3 bedroom, living room, dining room, eat-in kitchen, first floor, newly renovated apartment, \$950/month, includes heat. Call 674-2885.

OFFICE SPACE FOR RENT

BETHEL: MULTI OFFICES INCLUDING RETAIL on Main Street, across from Northeast Bank. Freshly updated interior, \$250 per month and up. Includes utilities, DSL, kitchen, conference room. Call Jeff True 824-3200.

INVITATION TO BID for Airport Improvements

To Include: Airfield Lighting Improvements At the Bethel Regional Airport, Bethel, Maine

Sealed bids for Airport Improvements at the Bethel Regional Airport will be received by the Town Clerk, Bethel Town Office, 19 Main Street, P.O. Box 1680, Bethel, Maine, 04217-1690, until Tuesday, April 26, 2016, at 2:00 P.M. local time, at which time and place all bids will be publicly opened and read aloud. Bids submitted after this date and time will not be accepted.

Bids must be submitted in a sealed envelope clearly marked as:

"DO NOT OPEN"
SEALED BID 2016 Airport Improvements
Airfield Lighting Improvements
AIP Project 3-23-0008-13-2016"

The proposed work is located at the Bethel Regional Airport and consists of installation of LED Medium Intensity Runway Edge Lights (MIRLS); LED Medium Intensity Taxiway Edge Lights (MTLEs); Lighted Guidance Signs, Runway End Identifier Lights (REILS); Airport Rotating Beacon and Tip-Down Pole; Constant Current Regulator; and miscellaneous trenching, wiring and associated work.

The contract performance period for completion of the contract is 21 calendar days from the effective date of the "Notice to Proceed". Refer to the Special Provisions of the Contract Documents for additional requirements on project schedule.

Prospective bidders are strongly encouraged to attend a pre-bid project informational meeting scheduled for Thursday, April 14, 2016 at 9:00 A.M. local time at the Bethel Regional Airport, 113 North Road, Bethel, Maine, which will be followed by a project site walk.

Contract Documents (Electronic - pdf) will be available on or about Monday, April 4, 2016 via a dedicated project FTP site, hosted by the Engineer, Stantec Consulting Services Inc. To be eligible to bid on the project and to gain access to the project FTP site, bidders must register by sending an email to airport.bids@stantec.com (subject line: 0B1 - Airport Lighting), with the following information:

- Company Name
- Company Street Address
- Phone Number
- Contact email address

A return email will be sent to the prospective bidder with credentials to access that FTP site where drawings, specifications, and proposal documents can be downloaded, free of charge. A plan holders list will be maintained by Stantec, and the list, along with any addenda, will be posted to the project FTP site. All requests for information regarding this project shall be made via email to airport.bids@stantec.com (subject line: 0B1 - Airport Lighting). Prospective bidders should access the ftp site on a daily basis to be aware of any new data that may be added to the ftp site. Prospective bidders shall not, for any reason, provide the access data to any other person or entity.

The drawings, specifications and proposal documents may be examined at the offices of Stantec Consulting Services, Inc., 482 Payne Road, Scarborough, ME, Monday-Friday between the hours of 8:00am and 5:00pm and at the Bethel Town Office during normal business hours.

Bid security in the amount of at least five percent (5%) of the total bid must be submitted with the Bid Proposal. The bid security may be either a certified check or a proposal guaranty bond executed by a surety company authorized to do business in the State of Maine. Bid security shall be made payable to the Town of Bethel. Bids submitted without security will not be considered.

The successful bidder will be required to furnish as part of the contract:

- a 5 percent Maintenance Bond,
- a 100 percent Performance Bond, and
- a 100 percent Labor and Materials Payment Bond,

Construction under this contract will be funded by Federal Grant under the Airport Improvement Program (AIP), with participation by the State of Maine Department of Transportation and the Town of Bethel (Owner). Award of this contract by the Town will be contingent upon receipt of federal and state funding under the AIP Program. The construction contract, and any changes thereto, will be subject to all applicable requirements of the U.S. Department of Transportation / Federal Aviation Administration, the Maine Department of Transportation, and the Town of Bethel. Division 100 - General Conditions of the State of Maine DOT Standard Specifications (latest revision) shall be incorporated as an element of these construction documents and shall govern where the information contained herein is found to be insufficient in the judgment of the owner.

Wages paid to employees must comply with the minimum established by the U.S. Department of Labor Wage Determination for Oxford County, Maine (included in the Special Provisions of these documents). The contractor must comply with the Davis-Bacon Act, the Contract Work Hours and Safety Standard Act, Title VI of the Civil Rights Act of 1964 and Executive Order 11246, Buy American Preference, Foreign Trade Restriction Clause, Affirmative Action Requirement, Government Wide Debarment and Suspension Requirements, and Government Wide Requirements for Drug Free Work Place.

The Town of Bethel has an approved Disadvantaged Business Enterprise (DBE) program for airport improvement projects which the successful bidder must comply with. A copy of the program may be reviewed at the Town Office during normal business hours. Specific DBE goals for this project are listed within the Bid Proposal Documents.

The Town of Bethel reserves the right to reject any and all proposals, to waive any technical or legal deficiencies, and to accept any bid that it may deem to be in the best interest of the Town.

No bidder may withdraw its bid for a period of 120 days following the bid opening.

Town of Bethel, Maine
Ms. Christine Landes

The Balsams Resort

is expanding our Resort Real Estate team with a full-time, on-site agent. No prior sales experience is required; we are willing to train someone who demonstrates:

- Strong communication skills, spoken and written
- Excellent phone etiquette
- Comfortable working and communicating electronically
- Personable, self-motivated, and want to be a part of a high functioning team

Email info@thebalsamsresort.com with your resume, cover letter and contact information.

HELP WANTED

Part-time and full-time
IN-HOME HEALTHCARE and PERSONAL CARE ASSOCIATES.
Immediate openings.

NORTHERN VISTA Call
At Home (207) 836-2173
SENIOR CARE



University of Maine 4-H Camp and Learning Center at Bryant Pond

Immediate openings for the following positions:

Food Service Lead Cook, Assistant Cook & Kitchen assistant positions available. Positions are seasonal with flexible hours that may include weekends.

For information and application please visit: <http://umaine.edu/bryantpond/about/employment/>

The University of Maine is an Equal Employment Opportunity/Affirmative Action Employer.

Town of Greenwood Highway Department

Equipment Operator/Truck Driver/Laborer

The Town of Greenwood is seeking a qualified, motivated candidate for a full time position of

Excavator Operator/Truck Driver/Laborer.

This position requires a Class A State of Maine Commercial Driver's License.

Snow plowing and heavy equipment operation experience is required.

All work is performed under the direction of the Highway Department Foreman.

Subject to all CDL Drug & Alcohol testing required by Federal law.

Some weekends and nights required.

The Town of Greenwood is an Equal Opportunity Employer and offers competitive wages with a benefit package that includes:

Paid Health Insurance, Vacation, Sick & Holiday Time.

Deadline for application: Friday, April 15, 2016

Interested applicants must be at least 18 years of age, a United States Citizen, and possess a High School Diploma or equivalent. Applicants must be able to pass the interview process, physical examination and background investigation required of all new Town employees.

To apply please send resume or apply in person at:

Town of Greenwood
Attn: Alan Seames
593 Gore Road
Greenwood, ME 04255

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We buy Junk Cars. Iron and

Other Metals by the pound

For Information Call:

207-674-2100

WEST PARIS

METAL

36 Maple Street, West Paris

HELP WANTED

Now Hiring for Summer Positions!

A complete list and application, available under Employment on www.bethelinn.com with positions including:

Full & Part time Line Cooks • Housekeeping Staff

Front Desk Associates

Competitive wages, a positive work environment & generous company perks, make

the Bethel Inn Resort a great place to work.

Drop off your application at the front desk.

ON THE COMMON 824-2175 WWW.BETHELINN.COM

\$200
SIGN-ON
BONUS!

BEHAVIORAL HEALTH PROFESSIONALS

The Progress Center in Norway is hiring BHPs in several towns to support children with intellectual disabilities. \$11/hour and we train the right people! Must have a driver's license, reliable transportation, HS diploma or GED and acceptable background checks. \$200 sign-on bonus for those already BHP certified!

Please apply online www.progresscentermaine.org or send a resume to celestewildeman@progresscentermaine.org



THE PROGRESS CENTER, INC.
community. opportunity. growth.

Androscoggin Valley HOSPITAL

Leading the way to a healthier future

Join our progressive health care team!

Clinical Office Nurse Specialty Practice Full-Time/40 hours Day Shift Monday - Friday	Provides professional nursing services to patients and assists physicians and practitioners with examinations, procedures, tests, treatments and telephone triage. NH nursing license required.
Staff Pharmacist Pharmacy Full-Time/40 hours Day Shift Rotating Weekends/Holidays	Current NH pharmacy license. Prior experience in institutional pharmacy with working knowledge of intravenous admixtures, parenteral nutrition, chemotherapy, and unit-dose systems is preferred.
Financial Systems Analyst Information Technology Full-Time Exempt Monday - Friday with "on call" responsibilities	Assures the overall successful implementation and operation of selected financial information systems applications (billing, admissions).
Systems Administrator Information Technology Full-Time, 40 hours Monday - Friday with "on call" responsibilities	Security responsibilities, including daily audits, log reviews, reviewing malware and compliance efforts. College diploma or university degree in the field of IT, computer science, or computer engineering. Extensive understanding of networks. Five years experience in the field may be substituted for formal education.
Financial Counselor - Customer Service Full-Time, 40 hours Day Shift Monday - Friday	Provides financial counseling for those patients who are uninsured or have high patient liabilities. Hospital credit and collections with similar experience desirable.

Seeking highly skilled candidates with critical thinking skills. Candidates must have exceptional interpersonal and communication skills and ability to manage multiple changing priorities in an effective and organized fashion. Must have excellent customer service skills and ability to work in a team environment.

If interested, please apply online or forward resume to:

Human Resources Department
ANDROSCOGGIN VALLEY HOSPITAL
59 Page Hill Road, Berlin, NH 03570
E-mail: employment@avhnh.org
An EO Employer-M/F/Veteran/Disability

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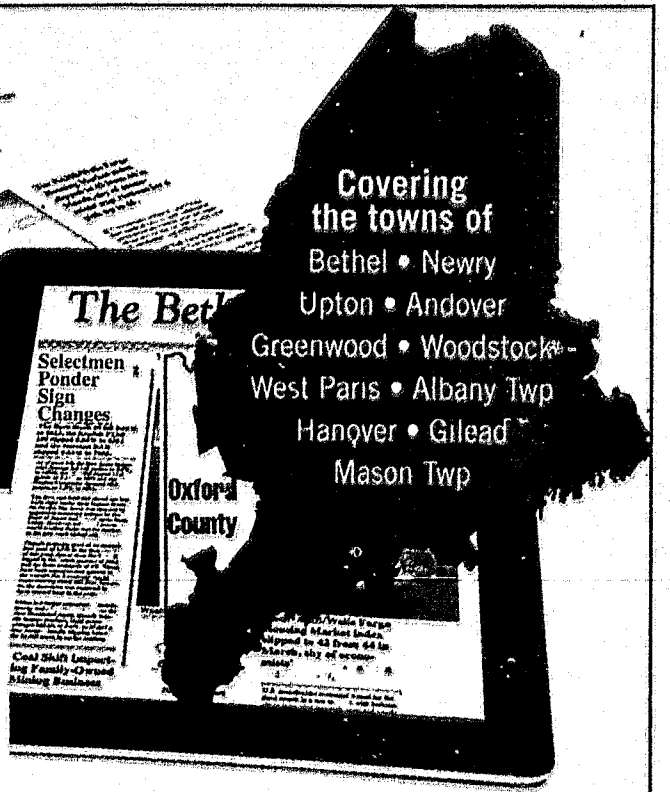
The Bethel Citizen
Is Bethel's Second Housing Market Under Water?

57-Week
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Outside New England: \$53.52



Your Guide to Area Services

AUTO REPAIR	CONSTRUCTION	HEATING	PAINTING	ROOFING con't	VACATION RENTALS
Berlin City Collision Center 545 Main Street Gorham, NH 1-800-795-2438 x314911 Rhino Lining Oil Undercoating Paintless Dent Repair Free Estimates Rentals on Site Pick up & delivery Service for repair appointments. Work with all Insurance Companies Berlin City Auto Group = easy	Piawlock Construction Custom Homes FRAMING • SIDING • FINISH WORK ROOFING • REMODELING Fully Insured - Free Estimates Mike Piawlock Bethel, Maine 04217 • Cell: 207-357-6994	Dead River Company Dead River Company 33 Prospect Street, Rumford, ME 04276 Ph: 207-364-3751 • 1-800-339-3751 Fax: 207-369-0154 www.deadriverr.com	Interior / Exterior Spraying Free Estimates Mark Hindman P.O. Box 641 Bethel, Maine 04217 (207) 357-0933 If it doesn't move... I'll paint it!	WESTERN MAINE ROOFING & SIDING FAST CLEAN AFFORDABLE ROOFING & SIDING FREE ESTIMATES MANY REFERENCES JEREMY FREDETTE 207-890-9367 MAINEROOFINGSIDING.COM	Four Seasons Property Management & Rentals Specializing in Vacation Rentals in the Greater Bethel Area Units Ranging From One Bedroom Condos to 5 Bedroom Luxury Homes. www.FourSeasonsRealtyMaine.com 207-824-3776
	DOG GROOMING Fuzzy Kid Kare Grooming • Bathing • Nail Trim 20 minutes from Bethel 603-915-9142 • 20 Glen Rd., Gorham NH	HEATING EQUIPMENT BROOKS BROS., INC. Main Street Bethel, Maine 824-2158	James' Painting & Renovations Interior & Exterior Painting Window Replacement • Refinish Floors Fully Insured Rob James 207-824-3810		Luxury Rentals of Maine Rental Agent with over 10 years experience Looking for Properties to Represent Are you ready to rent your Home, Condo, or Camp? GUARANTEED RENTALS! Professional Cleaners Contact Jacqui Morin (207) 890-5357 jasmorin@roadrunner.com
	EXCAVATION Korhonen Land Care & Excavation EXCAVATION/CONCRETE Foundations • Septic Driveways • Drainage AVAILABLE ANY TIME BY APPOINTMENT 3 Year Warranty on Pumps & Installation. 665-2503 Route 232, Bryant Pond www.korhonenlandcare.com	HOME REPAIR HANK'S HOME REPAIR "No Job Too Small" HANK FORMAN Owner Bryant Pond, (207) 357-5279 Fully Insured	PARTY SUPPLIES For All Your Party Needs... Balloons • Helium Tank Rentals Decorations • Party Items & Supplies Rumford Rd., Rt. 2 Bethel, Maine 207-824-4999 Open Tues. - Sat.	SEWING Custom Sewing Custom Sewing: leather, synthetics, canvas, webbing, belts, tool bags... Repair of: saddles, tack (english & western), backpacks, seats, snaps, grommets, zippers. You never know unless you ask. 836-2441 Giles Custom Keith Giles 820 Flat Road Albany Twp., ME Hours: By Chance or by Appointment	
CARPENTRY CARPENTRY Dale W. Buck New Construction Remodeling, Cabinetry (207) 357-3840 • Bethel		LANDSCAPING Korhonen Land Care Landscaping & Maintenance HARDSCAPE - DESIGN Stonework • Walkways Fire Pits • Retaining Walls Irrigation • Tree Work Soil • Mulch • Stone Free Estimates, Fully Insured 665-2503 Rt. 232, Bryant Pond www.korhonenlandcare.com	PHOTOCOPIES COPIES 15¢ each COLOR 75¢ each The Bethel Citizen 19 Main St., Bethel • 824-2444 (not for the fax or other)	STORAGE SELF STORAGE Alder River 369-0211 24-hour Fire & Security System	
Davis Mountain Builders Carpentry & General Contracting MIL-TBP-41 compliant Kevin LaRue (207) 665-2348 (207) 357-6160 Cell	FIREWOOD FIREWOOD \$200 per cord Cut, Split & Delivered David Berry 595-0821 Scott Berry 890-5609	MASONRY NEIL DONOVAN Masonry CALL 824-2113 BRICK • BLOCK • STONEWORK	PRINTING Your Local Source for Custom Printing! Time to Order Rack Cards full-color card \$131.70 plus tax for 500 \$148.05 plus tax for 1000 The Bethel Citizen 19 Main Street, Bethel 824-2444 • 800-922-6397	TENT RENTAL OLSON'S TENT RENTAL Theme Song Having a Party - Eating Cake If you don't have an Olson's Tent You're making a Big Mistake 20 x 40 \$200 • 30 x 50 \$450 (within reasonable distance) (207) 875-5765 • Bethel	Slopeside Rentals.net Cozy & clean slopeside Condos at Sunday River. Indoor heated pool, available year round! 207-824-2920
CONTRACTORS JCB Construction Remodeling • Additions Quality Work & Fair Prices Fully Insured - Free Estimates Jon Burke Bethel, ME cell: (207) 462-0844	FLORIST Florist Greenhouse Garden Center 836-3276 Open 4-5 Tuesday-Sunday 600harm.com • WE DELIVER Pooh Corner Farm Greenhouses & Florist	HAINES FAMILY BUSINESS Masonry: Brick • Block • Stonework Chimney Repair Stainless Steel Liner Installation Call Chuck Haines 207-824-4783 • Cell: 207-595-5578 E-mail: hainesfamilybusiness@gmail.com	REAL ESTATE Bethel & Sunday River area real estate sales and rentals. Vacation Homes • Condos Land • Homes • Commercial MAHOOSUC REALTY 16 Parkway - Bethel, ME MahoosucRealty.com • 824-2771	TRAVEL Quest Travel Lori Swain FULL SERVICE TRAVEL COUNSELOR Home: 824-3409 Cell: 357-9508 3 Annis Rd., Bethel • lori@questtravelinc.com www.questtravelinc.com	WASTE & RECYCLING D&E Sanitation Service 299 Walkers Mills Road Bethel, ME 04217 (207) 824-8320 Mon. - Fri: 8 - 4
CHIMNEY CLEANING PINCKLETINK CHIMNEY SERVICE Your CSIA Certified Sweep 207-388-2712 www.pinckletink.com	GIFT BASKETS Gift Baskets Shop locally and help support our community Premade or Custom Made We can ship anywhere in the country! AND the Best Fudge in Western Maine! MAINE LINE PRODUCTS Maine Line Products (next to the town office) 23 Main Street • Bethel Maine 207-824-2522 Maine Line Products Marketplace Route 26 • Locke Mills, Maine 207-875-2522	KITCHEN COUNTERTOPS STARMARK CABINETRY Free Design Consultations Free Estimates • Quality Kitchens WESTERN MAINE SUPPLY CO. Bethel 824-2139 • 1-800-858-2139 westernmainesupply.com	ROOFING Cliff Harding ROOFING LLC Metal Standing Seam, Shingles & Low Slope Roofing Solutions Valid Insurance - Callsmanship Guaranteed 207-357-3901	TREE SERVICE Rice Tree Service Sheldon Rice Maine Licensed Arborist Member Maine Arborist Association Complete Tree Service • Removals Pruning • Chipping Stump Grinding • Lot Clearing (207) 583-2474 Waterford, ME Fully Insured	WELDING YOUNG'S Machine & Welding CUSTOM: ~ Machining ~ ~ Fabricating ~ ~ Welding ~ ~ Portable Welding ~ Tel: 824-0877 • 233 Vernon Street Fax: 824-8900 Bethel, ME 04217
CLEANING SERVICES ALL SEASON CLEANING Now in the Bethel Area! Residential • Commercial • Seasonal FREE ESTIMATES 207-713-5146	HEALTHCARE Family Health Center EOE • Board Certified in Family Practice 32 Railroad St., Bethel 824-2193 • 800-287-2292	TO ADVERTISE IN THIS DIRECTORY, PLEASE CALL NANCY AT 824-2444	DOUG ZINCHUK ROOFING New & Re-Shingling FREE ESTIMATES FULLY INSURED 20 Years Experience 207-824-2335	TOP NOTCH Tree Service All aspects of tree care & removal Fully Licensed & Insured 207-357-WOOD (9563) topnotchtreemaine.com Brady Chapman Loretta Long OWNERS	THE BEAUTIFUL WAY TO INSULATE. Andersen Perma Shield™ windows offer you: • High Performance Insulating glass • Complete weatherstripping • Insulating wood core • Low alkali vinyl exterior WESTERN MAINE SUPPLY CO. MATERIALS BETHEL, MAINE 824-2139
ServiceMASTER Clean Residential/Commercial Cleaning Services Fire, Water, Smoke, Restoration Services, along with Carpet/Upholstery Cleaning ServiceMASTER of Lakes Region 207-539-4452 • 1-800-244-7630 Oxford, Maine	Bethel Physical Therapy Services Central Maine Physical Associates 312 Mayville Rd., Bethel 824-4895 www.rumfordhospital.org				

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Fly Fishing 101 offered

On April 13 The Mollycodd Chapter of Trout Unlimited will present a program titled FLY FISHING 101.

If you are interested in learning to fly fish or maybe get better at fly fishing this event is for you. The program starts at 7 p.m. at The First Congregational Church, 17 East Main Street, South Paris. The presentation is free and open to both TU members and non-members. As a follow-up to this presentation there will be two days of on water instruction scheduled in June.

Our Guest Speaker that evening will be Rod McGarry. Rod is a Registered Professional Master Maine Guide, a Board Certified Master Fly Casting Instructor and the staff instructor for L.L. Bean's Outdoor Discovery Schools.

He has been fly fishing for trout in Maine for 49 years and is well aware that

fly fishing calls for some understanding about tackle, equipment, flies, water, clothes, and conditions. And while fly fishing comprises many skills, Rod is convinced that casting is the skill that best defines fly fishing. That is where he fills in the knowledge and practice gaps to help folks get success.

His workshops and programs have the reputation of having positive impact such that he can recommend to his audience tips and techniques that the newer caster or the experienced pro "can make it happen" the next time out on the water. Rod McGarry has that rare teaching ability, he makes complex concepts easy to grasp, and he loves to share the lore of ways to take more trout. You will walk away with an understanding of some of the tools, tips, tackle, tactics and techniques for taking trout.

Open air

By Tom Remington

Bread and Circuses

It was the Roman writer Marcus Tullius Cicero who wrote, after the fall of the Roman Republic, that "The evil was not in bread and circuses, per se, but in the willingness of the people to sell their rights as free men for full bellies and the excitement of the games which would serve to distract them from the other human hungers which bread and circuses can never appease."

In giving in to fat bellies and entertainment, the distraction has destroyed what was once a hunger for knowledge born from facts and replaced it with romantic narratives of intellectual garbage. Too many of us have become automatons - we are told what to think not taught how to think.

I read recently an article Online from a media outlet in Iowa. Two men had shot and killed what they believed were coyotes in two separate counties on different ends of the state. Some in Iowa demanded an investigation to prove both of the coyotes to be wolves - a federally protected species. After a DNA test, officials stated the two animals were, in deed, wolves.

When officials made their statement about the event, one has to wonder if our educated wildlife officials have feasted too long on bread and seen too many circuses.

First, the director of the Iowa Department of Natural Resources, said the two hunters would not be charged with harming an "endangered" species, because, "We understand this to be a sensitive topic." It should not be a "sensitive" subject. Because wildlife agencies have abandoned scientific wildlife management and replaced it with the demands of a handful of very loud, well-funded animal rights groups, they have perpetu-

ated the issue and made it "sensitive," void of science. A very good friend of mine, and former U.S. Fish and Wildlife Service biologist describes what has taken over scientific wildlife management as the marriage of Romance Biology and Environmental Voodoo.

Second, the director said that because his department has decided not to press charges, "it will be unpopular with some." Why? Should wildlife managers apologize because the United States Federal Government has and is forcing wolves into landscapes where humans have settled. The states have no say in the matter, while the expectations are beyond anything reasonable. Two men, hunting coyotes in Iowa, a state that officially does not have a population of gray wolves, failed to identify a wolf over a coyote. Also understand that the wildlife officials couldn't visually identify the two dead animals but by a DNA test.

It was never intended that the Endangered Species Act, nor do I think it was the reasoning of our Founding Fathers, that such draconian measures be foisted upon a citizenry that they should fear government reprisals against humans while attempting to protect an animal species. How can there be liberty with such repression?

If things continue as they are now, DNA testing will soon be the only way to dis-

tinguish what kind of wild canine runs free. This is a man-caused dilemma sure to destroy the wolf and coyote species. Canines, regardless of the labels we have put on them, will in-breed. Forcing wolves, coyotes, domestic dogs and other hybrid canines into the same habitat, only serves to destroy, not protect, the wolf species. Separation is the only way to protect the wolf species. Forcing shared habitats with other wild canines will destroy them. Promoting togetherness of wild canines with domestic dogs, not only creates cross-bred offspring but most often alters the behavior of the animals. These changes can disrupt and destroy the animals we aim to protect. I don't think that's what we want.

Demanding wildlife managers protect every animal in the woods, serves only to destroy some while protecting others. We manage wildlife for man's benefit. Mother Nature does not do that.

When we have reached a point where the only way to determine a species' existence and/or origin is by DNA testing, perhaps something has gone a bit wrong. To continue to protect canine predators in such numbers they commonly interbreed, spells disaster for the species. Proper management will correct that problem for the benefit of all.

Read more at tomremington.com

Sexual Assault Prevention advocate

Did you know?!

Oxford County-Rumford Sexual Assault Prevention and Response Services (historically known as REACH) has an outreach advocate serving the Northern Oxford County area. Sexual Assault Prevention and Response Services (SAPARS) provides free, confidential services to Oxford, Franklin and Androscoggin Counties:

-a 24 hour statewide helpline (1-800-871-7741) maintained by volunteers trained to respond to the needs of those who have

been sexually assaulted and/or those who support them

-advocacy for survivors who choose to seek medical attention, report to the police, and/or go through the criminal justice system

-support groups for survivors of sexual assault and child sexual abuse

-one to one meetings

-school based educational presentations and drop-in services

-community and professional education

-Child Advocacy Center a program of SAPARS, using evidence-based practices to provide a safe, neutral and child-centered place for timely and coordinated evaluation/re-

sponse of children following an allegation of child abuse

Shawna Austin is the Northern Oxford County advocate located on Congress Street in Rumford. Shawna currently provides drop in services at Mountain Valley High School, Dirigo High School, Dirigo Middle School, Telstar High School, University College Mexico campus, Peru Community Building (school house consignment) and Region 9 School in Mexico. Drop-in services are a set time when people can drop in and meet with the advocate to ask questions, seek support for themselves, family and/or friends, as well as find ways to volunteer in the community. To learn more about drop in services contact Shawna Austin at 207-507-1016 or Shawna.austin@sapars.org.

SAPARS works to prevent and eliminate sexual violence and promote healing and empowerment for people of all genders and ages who are affected by rape, sexual assault, child sexual abuse, sexual exploitation, stalking and sexual harassment.

ANNUAL MEETING

Bethel Water District

The annual meeting for the Bethel Water District will take place at the Bethel Town Office Meeting Room, 19 Main Street, at 7:00 pm on April 20, 2016.

The regular monthly meeting will take place after the annual meeting.

Workout 24/7 Sold

Godfrey and Ann Perrott of Beverly Mass would like to announce that they have sold Workout 24-7 to Michael and Courtney Bennett of Bethel. The Bennett's look forward to continuing to serve the Bethel community.

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All New Selection of Pet Carriers and Pens

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DOG CARRIERS

Clipper 2 - 6

9-33 lb. to 55-110 lb.

Door closing system with locking device

Handle and personalized name plate

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\$19.99 to \$59.99

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Versatile, Durable and Convenient Protection

Repels mosquitos, ticks, fleas and flies

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\$39.99 & \$49.99

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Revolutionary Low Maintenance Cutting Edge GRASS SEED

Stop constant watering, fertilizing and mowing

1 lb. bag covers 500 s.f.

4 lb. bag covers 2,000 s.f.

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Premium Kentucky Bluegrass and other top performing seed

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Long-Lasting Composite Lawn Edging

metal stakes included

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5.375" x 25' Brown

3.5" x 16' Green

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OR Sat. April 30 - June 4th • \$135 for 6 weeks

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Deepwood Farm Albany Township

Call for more information 207-824-2595

CALLING ALL CRAFTERS & VENDORS!

We are taking reservations, for table rentals at our craft fair to benefit Children's Miracle Network, taking place on April 30, 2016 from 9am-2pm at Rite Aid in Bethel.

For More Information, or to Reserve a Table, please call Terri Angevine at Rite Aid: (207) 824-8085

Sudbury Village IN BETHEL Elderly Housing

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NOW TAKING APPLICATIONS

Elderly or Disabled
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Joan at 207-743-0140

TDD 1-800-545-1833

Ext. 1833

Equal Housing Opportunity

Births

RAY

T.J. and Marybeth Ray of West Paris are pleased to announce the arrival of a baby boy, Gabriel Kenneth Ray, born on March 26, 2016 at 9:47 p.m. at Stephens Memorial Hospital, weighing 6 pounds 15 ounces.

Maternal grandparents are Stephen and Elizabeth Hoover of Bryant Pond.

Paternal grandparents are Sam and Janet Ray of South Paris.

CORRECTION

TITLE ON OBITUARY-Last week's obituary for Phyllis M. Hathaway Jordan did not include her married name in the title.

CHINESE AUCTION

Saturday April 23

Oxford Hills Comprehensive High School, South Paris

Benefits Responsible Pet Care

Bidding 5-6:30pm

Winners Drawn at 6:30pm

Tickets: \$5, \$10 & \$20

Also bonus tickets

OVER 300 GREAT ITEMS

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MOVIE SHOWTIMES

Fri-Mon, Apr 8-11

Peanuts: The Movie (G): 1:00 & 3:00

Batman v Superman (PG-13): 12:30, 3:45, 7:00

Room (R): 5:00 & 7:30

We're open Mondays! Matinee prices all day. Join us at The Grml 23 Crown St, Bethel, ME (207) 824-8248

A local alternative to higher prices

Cliff Gray

Cremation ~ Funeral Services LLC

60 Andrews Road
Bryant Pond, ME 04219

Tel: 461-6050/674-2208

E-Mail: cliffmimigray@gmail.com

Stop By today for Lou Cobb's retirement celebration

TODAY! April 7 - 2:30pm

Have a slice of Frank's New York Pizza and Cake with us!

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24 Mayville Road (Next to Rite Aid)
Bethel
(207) 824-3673

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